

=hkm^Zjkl_ggh_ [x^`_lgh_ h[s_h[jZah\ZI_evgh_ mqj_`
kj_^gyy h[s_h[jZah\ZI_evgZy rdheZ
P_gljZevgh]h jZchgI_IK_Z[gdj]Z

ML<?J@>:X
>bj_dlhj =;HM KHR <
DZgZr_ghd F F
ljbDZa hl] <
IJBGYL
j_r_gb_f i_^Z]h]bq_kdh]h
kh_IZ mqj_`^_gby
ljhlhdhe hl] <
k mqzlhfg_gby Kh_IZ jh^
=;HM KHR < H>H>
P_gljZevgZ]phgZ KZ_gdj[mj]
ijhlhdhe hl] <

JZ[hqZy ijh]jZffZ
gZ -2023mq_ [guc i]h^h[jZah\ZI_evghc h[eZklb
©Nbabq_kdh_ jZa\bib_ JblfbdZ^a
=hkm^Zjkl_ggh]h [x^`_lgh]h h[s_h[jZah\ZI_evgh]h
kj_^g_c h[s_h[jZah\ZI_evghc rdheu <
Kljmdl mjgh]h ih^jZa^Hl^e_gbyb_ ^hrdhevgh]h h[jZah\Zg
P_gljZevgh]h jZchgI_IK_Z[gdj]Z

FmaudZevguc jmdh:\h^bl_

=_jZkvdbgZ FZjby K_j]__` \ukrZy d\ZebnbdZpbhggZy d;

Ohj_h]jZn

Djb\hjm qdh ?dZI_jbgZ :gZ \ukrZy d\ZebnbdZpbhggZy d;

KZgdll_l_j[mj]
2022]

Kh^_j`Zgb_

KH>?J@:GB?		
GZbf_gh\Zgb^_eZ		kljZgbp
1	P?E?<H@:A>?E	3
1.1.	lhykgbl_eaZbykdZ	3
1.1.1	P_ebaZ^ZjZhq_c ijh]jZffu	4
1.1.2	l_^Z]h]bq_kdb_ ijbgbpiu b ih^oh^u d nhjfbjh\Zg	5
1.2.	P_e_\bjb_glbh]ujZah\Zgbh]kibIZgby	6
1.3.	leZgbjm_fu_ j_amevlZlu j_ZebaZpbb ijh]jZffu	7
1.4.	OZjZdl_jbklbdZ hkjh]l]gh]kk djZ]h]blby ^_l_c	8
2.	KH>?J@:L?EVGJ:Q>?E	9
2.1.1	Hkgh\kth^_j`ZgpyaZI_eqgkbb	9
2.1.2	Hkgh\kth^_j`ZgZklh]bjm_fmZklgbd]Zbah\ZI_ev hlgbr_gbc	11
2.2	Kh^_j`Zgb_ jZ[hlu \ kj_^g_e_]l]mii_	13
2.3.	Kh^_j`Zgb_ jZ[hlu \ klZjr_ce]l]mii_	13
2.4.	Kh^_j`Zgb_ jZ[hlu \ ih^]hlh\bl_evgh_e_r]he_]j	14
2.5	Nhjfu kihkh[u f_lh^u b kj_^kl\Z j_ZebaZpbb lj \hajZklguo b bg^b\b^mZevguo hkh[_gghkpbabdk h]jZah\ZI_evguo ihlj_[ghkl_c b bgl_j_kh\	16
2.6	Kihkh[u b gZijZ\e_gby ih^^_j`db ^_lkdhc bgbpbZ	17
2.7.	Hkh[_gghklb \aZbfh^_ckl\by k k_fvyfb \hkibIZgg	17
2.9	Kbkl_fZ i_^Z]h]bq_kdh]hnh]h]k]Z]b]by	19
3.	HJ=:GBA:PBHGGJ:Q>?E	20
3.1	Hj]ZgbaZpZgy]bc ©Nbabq_kdh_ jZa\bl]b_bf_Jb]fyd	20
3.2	F_lh^bq_k]hki_q]gZ_ebaZ]Z]h]q_c ijh]jZffu	20
3.3	Mq_[guc ieZgy]bc ©Nbabq_kdh_ jZa\blb_ Jblfbd	21
3.4.	leZgbjh\Zgb_ ijZa^gbdh\ b jZa\le_q_gbc	22
3.5	Hkh[_gghklb kha^Zgghc JIK	22
ljbeh`_gb_ DZe_g^Zjg]l]bq_kdh_ ieZgbjh\Zgb_		25
ljbeh`_gb_ < >hkm]b b jZa\le_q_gby		29
ljbeh`_bg_ <DZj]hl_dZ b]j bkihevam_fuo gZ aZgy]byo JblfbdZ^a b gZ ^hkm]Zo ©JblfbdZ^a		34

I. P_e_\hc jZa^_e

1.1. lhykgbl_ evgZy aZibkdZ

JZ[hqZy ijh]jZffZ ^Zeh[jZah\ZI_ evghc h[eZklb ©
jZabl_b_ JblfbdZ^yaZI_ evguc ^hdmf_gfl_lh^bq_lgghc
^hdmf_glZpbb jZajZ[hIZgguc gZ hkgh_ j_Zebam_fhc
ijh]jZffhc ^hrdhevgh]h h[jZah\Zgby ^Ze__ HI >H b
\hkiblZgby =hkm^Zjkl_ggh]h [x^`_lghe]vg h][hs_m pjjZ`a^h\Z
kj_^g_c h[s_h[jZah\ZI_ evghc rdheu < Kljmdlmg
HI^_e_gb_ ^hrdhevgh]h h[jZah\Zgby ^_l_c P_gljZe
l_l_j[mj]Z ^Ze__ H>H>

Jl jZkkqblZgZ gZ]h^Z h[mq_gby
]h^kj_^gyy]jmiiZ k ^h e_l
]h^klZjrZy]jmiiZ k ^h e_l
]h^ih^]hlh\bl_ evgZy d rdhe_]jmiiZ k ^h e_l

Jl jZajZ[Zlu\Z_lky gZ hkgh_ p_e_\uo hjb_glbjh\
ijh]jZffu \hkiblZgby

Jl jZajZ[hIZgZ \ khhl_lkl\bb k N_^_jZevguf aZdhg
273-NA ©H[h[jZah\Zgbb \ Jhkkbckdhc N_^_jZpb
]hkm^Zjkl_gguf h[jZah\ZI_ evguf klZg^Zjlf ^hrdhevgh]
N=HK >H

Jl jZajZ[Zlu\Z_lky]Zevguf jmdh\h^bl_e_f b`o]h^g]hZ
gZ l_dmsbc mq_[guc]h^ gZ hkgeZgZbbdZmq_gZ]gh]h
]jZnbdZ gZ mq_[guc]h^ b dZe_g^Zjgh]h ieZgZ \hkib
Jl jZkkfZljb\Z_lky b ijbgbfZ_lky l_^Z]h]bq_l

h[jZah\ZI_ evgh]h mqj_`^_gby
<hkiblZI_ evguc dhfihg_gl JIK h[_ki_qb\Z_l mkeh\
khpZebaZpbb \hkiblZggbdh\ bo \k_klhjhgg_]h ebqgh
bgpbZlb\ u b l\hj_qkdbo kihkh[ghkl_c bg^b\b^mZ
khlm^gbq_kl\Z kh \ajhkeufb bkkh]klc\Zfbb ^hrdhev
\hajZklm \b^Zo ^_yl_ evghklbhblh[skghkby]Zkhq_c ijh]j
\hkiblZgby Jl hljZ`Z_l p_gghklb gZ dhlhjuo kljhbkl
\hkiblZgby

Jl bgl_]jbjm_l kh^h^Zgpb kjZah\blby\hkiblZgby b jZa\
^_lkdh]h dhe_e_dlb\Z hkh[_gghklb hj]Zg\hZp\Zevgh]Zah
ijhp_kkZ k mqzlf mqZklby jh^bl_e_c \ j_ZebaZpbb H
\hkiblZgby

FmaudZevguc j_i_jlmZj khijh\h`^Zxsbc h[jZah\
nhjfbjm_lky ba jZaebqguo ijh]jZffguo k[hjgby_lky_
\ZjbZlb\guf dhfihg_gZffuib]fh`_l [ulv baf_g_g ^hiheg_
dZe_g^Zjgufb kh[ulbyfb b ieZghf j_ZebaZpbb dhe_e_d
hjb_glbjh\Zgguo f_jhijbylbc h[_ki_qb\Zxsbo
h[jZah\ZI_ evguo ihlj_[ghkl_c jZaguo dZI_]hjb ^_l_c

< k\h_c i_^Z]h]bkgkdhpc b fmaudZevguc b]modhj\hm]pZn
bkohl^ba ijbgbpbi h\]mfZgbklbq_kdhc ikboheh]bb dhlhj
p_gghklv q_eh_q_kdhc ebqghklb _z mgb dZevg hklv
klj_fe_gb_ d j_ZebaZpbb

Hkgh\gZy b^l_y ±]mfZgbaZp b]phjbl_l \hkiblZg
h[s_q_eh_q_kdbo p_gghkl_c ^h[jZ djZkhl u bk
^hrdhevgh]h ^_lkl\Z

Hkh[_gghklvx gZklhys_c ijh]jZffu y\eyo_glky]j]h]h\Zgu
lZdb_ gZijZ\ezgbjblfbdZ ohj_h]jZnby fmaudZ ieZkl
^b`_gb_GZ aZgylbyo jblfbdhc \jZbfbk^ba v jZaebqguo
om^h`_kl_gghc ^_yl_Zevgh\Zevghc \bh]jq\kdh j_q_\h
fmaudZevghc

Jl jZajZ[hIZgZ k mqzlhf ^b^Zdlbq_kdbo ijbgbpbi h\
h[mq_gby ikboheh]h]q_gkchkd_ ck^hrdhevghbdh\ b \dexq
g_kdhev dh jZa^_eh\
- fmaudZevghZl_evgZy jZafbgdZ
- jblfbq_kdZy]bfgZklbdZ
- iZjl_jgZy]bfgZklbdZ
- lZgp_\Zevgu_ ^\b`_gby
- kx`_lgm[jZagu_ jZgpu
- fmaudZevghq_kdb_ b]ju
- eh]hjblfbdZ

< jZ[hlk_ ^hrdhevghbdZfb h[mq_gb_ b^_l ih kibjZeb
mkeh`g_gb_fbZj GZ ke_^mxsbc]hj^ch[mgugbyZl_jb
ih^Z_lky gZ [he__ \ukhdhf mjh\g_ gZ gh\hf fmaudZe
\hajZklguo hkh[_gghkl_c ^_l_c

< ih^oh^_ d dZ`^hgchdh]j]i_l ^_l_c ijhy\ey_lky hij
]b[dhklv mqblu\Z_lky ijb wlhf khklZ\]jmiiu nba
\hafh`ghklb ^_l_c

FmaudZevghq_kdb_ ^\b`_gby y\eyxiky kbgl_lbq_kdb
ghklbhwlfm Jl ©Jb[fb^Zl^a jZa\l\Z\l\l]Zl_ekghukh[ghklb b
fmaudZevguc kemobqZkld_bikbjhp_kku dhlhju_ e_`Zl \ bc

1.1.1 P_eb b aZ^Zqb jZ[hq_c ijh]jZffu

P_ev ijh]jZffukhojZg_gb_ mdj_ie_gb_ b hojZgZ a
h[_ki_q_gb_]Zjfhgbqgh]h nbabq_kdh]h jZa\bl_eygd_j_
jblfbq_kdbf ^\b`_gbyf lZgpZf lZgp_\Zevguf b]jZf

AZ^Zqb ijh]jZffu

- kihkh[kl\h\Zlv wkl_lbq_kdhfm jZa\blbx b kZfhhij_^_
- ijb\b\Zlv bgl_j_k d aZgylbyf jblfbq_kdbZgp_\Zevguf]jZ

-]Zjfhgbq_kdb jZa\b\Zlv lZgp_\Zevgu_kih kfm[ghdZb i
b \gbfZgb_
- ijbh[sZlv ^_h kogl\Zf Zdl_jkdh]h fZ krf_jghkZ mrb\Zlvky
\ fmaudm jZaebqZlv \ujZabl_evgu_ kj_^kl\Z kh]eZ
k fmaudhc
- ijb\b\Zlv mf_gb_ kh^_j`ZI_evgh ijh\h^blv k\hc ^hk m
- jZa\blv ml_^ Zdlb\ghklv b kZfhklhyl_evghklv d
kihkh[ghklb

1.1.2 l_^Z]h]bq_kdb_ ijbgpbiu b ih^oh^u d nhjfbjh\Z
ijh]jZffu

J_Zebam_fZy ljh]jZffu gZ hijbgpbiZo N=HK >H N=
1.2.):

- ih^^_j`dZ jZaghh[jZaby ^_lklmZgb^ZeyZghkglb_b kZfhp
^_lkl\Z dZd \Z`gh]h wIZiZ \ h[s_f jZa\blbb q_ek
^_lkl\ZhgfbfZgb_ jZkkfhlj_gb_ ^_lkl\Z dZd i_jbh^Z
kZfh]h ih k_[_ [_a \kydbo mkeh\bc agZqbfh]h
j_[_gdhf k_cqZk_fZqgh wIhl i_jbh^ _klv i_jbh^ ih
ke_^mxs_fm i_jbh^m
- ebqghkjZa\b\Zxsbc b]mfZgbklbq_kdbc oZjZdl_j
\ajhkeuo jh^bl_e_c aZdhgguo ij_^klZ\bl_e_c i
jZ[hlgbdh\ Hj]ZgbaZpb b ^_l_c
- m\Z`_gb_ ebqghklb j_[_gdZ
- j_ZebaZpby ljh]jZffu \ nhjfZo ki_pbnbq_kdbo ^ey
\hajZklZ ij_`^_ \k_]h \ nhjf_ b]ju ihagZ\ZI_evghc
^_yl_evghklb \ nhjf_ \hj_q_kdhc Zdlb\ghklb
om^h`_kl\wghlbg_kdh_ jZa\blb_ j_[_gdZ
- j_Zebam_fZy]jZffZ mqblu\Z_l hkgh\gu_ ijbgpbiu
h[jZah\Zgby mdZaZggu_ \ N=HK >H N=HK >H i
- iheghp_ggh_ ijh`b\Zgb_ j_[zgdhf \k_o wIZih\ ^_l
jZgg_]h b ^hrdhevgh]h \hajZklZ h[h]Zs_gb_ Zf
jZa\blby
- ihklj_hgb_ h[jZah\ZI_evghc ^_yl_evghklb gZ hkgh
hkh[_gghkl_c dZ`^h]h j_[_gdZ ijb dhlhjhf kZf j
Zdlb\guf \ \u[hj_ kh^_j`Zgby k\h_]h h[jZah\Zgby k
h[jZah\Zgby bg^b\b^mZebaZpby ^hrdhevgh]h h[jZa
- kh^_l_c_ b khljm^gbq_kl\h ^_l_c b \ajhkeuo ij
iheghp_gguf mqZklgbdhf km[t_dlhf h[jZah\ZI_evgh
- ih^^_j`dZ bgbpbZlb\u ^_l_c \ jZaebqguo \b^Zo ^_yl
- khljm^gbq_kl\h ^_l_kdh]h kZ^Z k k_fvzc

- ijbh[s_gb_ ^_l_c d khpbhdnZevlmjgufbfghj k_fvb h[s b]hkm^Zjkl\Z
- nhjfbjh\Zgb_ ihagZ\ZI_evguo bgl_j_kh\ b ihagZ\ j_[_gdZ \ jZaebqguo \b^Zo ^_yl_evghklb
- \hajZklgZy Z^_d\Zlghklv ^hrdhevgh]h h[jZah\Zgby lj_[h\Zgbc f_lh^h\ \hajZklgklmly fhkZa\blby
- mqzl wlghdmevlmjghc kblmZpbb jZa\blby ^_l_c H[yaZI_evgy qZklv ljh]jZffu khklZ\e_gZ k mqzlhfh[s_h[jZah\ZI_evghc ijh]jZffu ^hrdhevgh]h h[jZah\Zgb >hrdhevgh]h hl^_e_gby QZklv ljh]jZffu nhjfbjZklgZyZfb h[jZah\ZI_evguo hmqblu\Z_l ihlj_[ghklb bgl_j_ku b fhlb\u ^_l_c qe_gh\hjb_glbjh\ZgZ gZ
- \u[hj l_o iZjpbZevguo ijh]jZff dhjhju_ khhl_lkl\m bgl_j_kZf ^_l_c Z lZd`_ \hafh`ghklyf i_^Z]h]h\
- keh\bb_ky ljZ^bpbb ^hrdhevgh]h mqj_`^_gby QZklv ljh]jZffu nhjfbjm_fZy mqZklgbdZfb h[jZah\Zl mqblu\Z_l kh\j_f_ggu_ l_g^_gpbb jZa\blby h[s_kl\Z iZjpbZevghc ijh]jZfb_lfbq_kdhc ieZklbd_ ^ey q_kdZy@ fhaZbdZ^a ;mj_g.bghc

1.2. P_e_\u_ hjb_glbju h[jZah\Zgby b \hkiblZgby

i i	Kh^_j`Zgpb_e_\uφb_glbjh\
1.	H\ez^_Z_l hkgh\gufb dmevlmjgufb kihkh[Zfb ^_y bgbpbZlb\m b kZfhklhyl_evghklv \ jZaguo \b^Zo \hkijbylbihgbbfZgb_ kfukey fmaudZevguo ijhba-\^ jblfbq_kdb_ ^\b`_gby b ^\b]ZI_evgy h\ez^_gb ^\b`_gbyfb
2.	:dlb\gh \aZbfh^_ckl\m_l kh k_jklgbdZfb b \ajhk mqZkl\m_l \ dhee_dlb\guo lZgp_\Zevguo b]jZo
3.	Kihkh[_g ^h]h\Zjb\Zlvky mqblu\Zlv bgl_j_ku b q khi_j_`b\Zlv g_m^ZqZf b jZ^h\Zlvky mki_oZf ^jm k\hb qm\kl\Z \ lhf qbke_ qm\kl\h _ju \ k_[y klZ
4.	H[ez^Z_l jZa\bluf \hh[jZhhjhgbbjZebbam_lky q_j_a jblfbq_kdb_ ^\b`_gby fmaudZevgu_ h[jZau wlX
5.	<ez^__l mf_gb_f jZaebqZlv jZagu_ `Zgju lZgpZ ijZ\beZf b khpbZevguf ghjfZf
6.	;_a ihfhsb i_^Z]h]Z fh`_l kZfhhkjZgab\evgh\h`_gbb kj_^kl\Z fmaudZevghc \ujZabl_evghklb
7.	Bfijh\babjm_l k bkihevah\Zgb_f hjb]bgZevguo b

1.3. IeZgbjm_fu_ j_amevlZlu j_ZebaZpbb ijh]jZffu

К концу учебного года ребенок средней группы умеет:

- ‡ i_j_^Z\Z\ ieZklbd_ jZaghh[jZaguc oZjZdl_j fmaudb gZkljh_gby
- ‡ i_j_^Z\Zlv hkgh\gu_ kj_^kl\Z fmaudZevghc \ujZabl_e
- ‡ i_j_^Z\Zlv \ ieZklbd_ fmaudZevguc h[s_jZa\b\Zxsb_ b lZgp_g\Zevgu_ \b^u bfbIzpbhgggu_ h[s_jZa\b\Zxsb_ b lZgp_g\Zevgu_ \b^u
- ‡ hjb_glbjh\Zlvky \ ijhkljZgkl\ _ kZfhklhyl_evgh gZoh i_j_kljZb\Zlvky \ djm] klZgh\blvky \ iZju b ^jm] aZ ^jn b dhehggm \ g_kdhev dh djm]h\
- ‡ bkihegylv agZdhfu_ ^\b`_gby \ jZaebqguo b]jh\h\h\ fmaudm
- ‡ kZfhklhyl_evgh gZqbgZlv b aZdZgqb\Zlv ^\b`_gb_ \ k dhgphf fmaudb
- ‡ i_j_^Z\Zlv \ fbfbd_ b iZglhfbf_ h[jZau agZdhfuo `b\hl
- ‡ \ujZabk\h_ \hkijbylb_ \ ^\b`_gbyo Z lZd`_ \ jbkmg hiZgbb
- ‡ \uihegylv bamqZ_fu_ \ l_q_gb_]h^Z jblfbq_ k d]fu_ dhfi
- ‡ gZoh^blv k\hb hjb]bgZevgu_ ^\b`_gby ^ey \ujZ`_gb b]jh\h]h h[jZaZ \ujZabl_evgu fb ` _klZfb

К концу учебного года ребенок старшей группы умеет:

- ‡ hij_^eylv oZjZdl_j fmaudb keh\Zfb]jmklguc _k_euo baysguc
- ‡ agZlv jZaebqby ©gZjh^ghc^a b ©deZkkbq_kdhc^a fmaud
- ‡ jZaebqZlv `Zgju \ fmaud_ i_kgy lZg_p fZjr
- ‡ hij_^_eylv lj_o^hevguc b ^\m^hevguc f_lj hij_ u d e ylv b jZaebqZlv ^ebl_evghklb ghI
- ‡ mf_lv]jZfhlg h bkihegylv ^\b`_gby
- ‡ \uihegylv hkgh\gu_ ^\b`_gby i k e Z j l d h f f l Z y b h f e_glh c h b l i
- ‡ gZqbgZlv bbàZlvZgqb`_gb_ \f_kl_ k fmaudhc

К концу учебного года ребенок подготовительной группы умеет:

- ‡ mf_lv dhhj^bgbjh\Zlv j^m d`_ggb]yb]heh\ u ijb oh^v[_ [_
- ‡ mf_lv hjb_glbjh\Zlvky \ kp_gbq_kdhf ijhkljZgkl\ _ m\ ebgb lZgpZ
- ‡ q_ldh hij_^_eylv ijZ\h b e_\h \ ^\b`_gbb
- ‡ mf_lv k\h[h^ghv^d]jZmk]heh\m b jmdb \ l_o beb bguo
- ‡ mf_lv jZ[hIzlv \ iZj_ ZgkZf[e_ b kbgojhgbabjh\Zlv ^\
- ‡ agZlv gZa\Zgby h[s_jZa\b\Zxsbo mijZ`g_gbc ijhc^_gg
- ‡ agZlv gZa\Zgby ijhkluo lZgp_\Zevguo rZ]Z h b e Z g l h Z d`_ n

bkihegblv fy]dbc gZ ihem iZevpZo ijbklZ\ghc i_j_
‡keurZlv baf_g_gby a\mqZgby fmaudb b i_j_^Z\Zlv bo l
‡ih\lhjylv aZ i_^Z]h]hf ijhkl_crbc jblfbq_kdbc jbkmghd
‡\uihegylv k [he__ q_ldbfibkjZèZl_gbv_gfu_^b`_gby

1.4. OZjZdl_jbklbdZ hkh[_ggghkl_c jblfbq_kdh]h jZa\bly

l_j\uc]h^ h[mq_gbyl
>ey ^_l_c e_l oZjZdl_j_g gZijZ\evguc bgl_j_k d
lZgp_\Zevghc ^_yl_evghklb qlh ijhy\ey_lky \ we_f
hp_gdZo < wlhf \hajZkl_ m ^_l_c ihy\ey_lky \hafh`
keh`gu_ ih dhhj^bgZpbb ^\b`_gby \hajZklZ_l kihkh[gh
hll_gdh\ fmaudZevgh]h h[jZaZ kj_^kl\ fmaudZevg
Hsms_gb_ jblfZ ijhy\ey_lkyub [h ek_dh h h^ggbjh\Zgguo ^_
^b`_gb_ ih^ fmaudm bfijh\baZpby \ j_Zdpbyo gZ
ihgbfZgbb izma
<lhjhc]h^ h[mq_gby
< \hajZkl_ e_l yjdh \uy\ey_lky bg^b\b^mZevghklv
bgpbZlb\ghklv ihuldb khg[kl]ijgZpbb ijb bkihegbl_
wfhpbhgZevgh hkhagZggh_ \hkijbylb_ jZa\bly_ qm\k
qmldb meZ\eb\Zgb_f f_ljZ Zdp_glh\ imevkZpbb
fmaudZevghc nhjfu l_fiZ ijhba_^_gby
Lj_lbc]h^ h[mq_gby
< wlh\hajZkl_ j_ h gdh devgbd ^hklb]Z_l dmevfbgZpbb
^b`_gbc dhlhjZy \ujZ`Z_lky \ hkh[hc]jZpbb e_]dhkl
j_adh \hajZklZ_l kihkh[ghklv d bkiheg_gbx jZaghh[j
dhhj^bgZpbb ^\b`_gbc dh[eZklb ohj_h h jZkbbd Wlh ^
\hafh`ghklv ih^[bjZlv ^ey jZ[hlu k ^_lvfb [he__ keh`gu
dhlhj]h g_ lhev dh gZjh^gZy kh\j_f_ggZy b lZgp_\Zevg
deZkkbq_kdb_ ijhba_^_gby

II. Kh^_j`ZI_ev guc jZa^_e

Kh^_j`Zgb_ ^Zggg h jZa^_h jfbjm_lky gZ hkgh\Zgbb kh^_j
 jZa^_eZ HI >H b jZ[hq_c ijh]jZffu \hkiblZgby dhIhjZy
 \k_]h h[jZah\ZI_evgh]h mqj_`^_gby

2.1.1. Hkgh\gh_ kh^_j`Zgb_ h[yaZI_evghc qZklb

Kh^_j`Zgb_ h[yaZI_evghc qZklb JI h[_k_b qggh\Zbl jZab bZ
 b kihkh[ghkl_c ^_l_c b bgl_]jbjm_l kh \k_fb h[jZah\ZI_
 khpbZed hfm gbdZlb\gh_ jZa\blb_ ihagZ\ZI_evgh_ jZa\
 jZa\blb_ nbabq_kdh_ jZa\blb_

<p>H[jZah\ZI_ev gZy h[e ©Khp bZed hfm gbdZl jZa\bl_ a</p>	<p>JZa\blb_ wfhpbgZevghc hlau\qb kihkh[h\ \aZbfh^_ckl\by kh k_jklgb nhjfbjh\Zgb_ ij_^klZ\reb agbbc_kdhc d jZa\blb_ kh\f_klghc b]jh\hc nhjfbjh\Zgb_]_g^_jghc k_f_cgh ijbgZ^e_lghk iZljbhIbq_kdbo qm\k ijbgZe`ghklb d fbjh\hfm k nhjfbjh\Zgb_ hkgh\ [_ahiZkghkl `bag^_yl_evghklb \ jZaebqguo \ ^_yl_evghklb</p>
<p>H[jZah\ZI_ev gZy h[e ©IhagZ\ZI_evgh_ jZa</p>	<p>JZkrbj_gb_ djm]hach]Zh^eZklb jblfbb nbabq_kdh]hIhIbIzgy nhjfbjh\Zklb\e h k\hckl\Zo fmaudb a\mqZgb_ jb jZa\blb_ nhjfbjh\Zgb_ p_ehklghc kn_j_ fmaudZevgh]h b lZgp_\Ze jZa\blb_ \hh[jZ`_gbyhd\Zdd bkg hklb bgl_j_kZ d kZfhklhyl_evghfm ihagZ</p>
<p>H[jZah\ZI_ev gZy h[e ©J_q_\h_ jZa\blb_ a</p>	<p>H[h]Zs_gb_ ZdIb\gh]h keh\Zjy b k\h[h^gh]h h[s_gh]k_eufb b ^_lvfb nbabq_kdh]h jZa\blb_ \k_o dh mklghc j_qb \ l_ZIjZebah\Zggghc ijZdlbq_kdh_ h\ez^_gb_ \hkiblZggb jZa\blb_ k\yaghc]jZffZlbq_kdb ^bZeh]bq_kdhc b fhgheh]bq_kdhc j</p>
<p>H[jZah\ZI_ev gZy h[e ©Om^h`_kl_wgghIbq_ jZa\blb_ a</p>	<p>Nhjfbjh\Zgb_ j_kgZ_ d wkl_lbq_kdh hdjm`Zxs_c ^_ckl\bl_evghklb jZ l\hj_q_kl\Z</p>
<p>H[jZah\ZI_ev gZy h[e ©Nbabq_kdh_ jZa\bl</p>	<p>JZa\blb_ nbabq_kdbo dZq_kl\ dh,h jZa\blb_ l\hj_q_kl\Z \ ^\b]ZI_evgh jZa\blb_ djmighed hbc fhIhjbdb Khc mdj_ie_gb_ nbabq_kdh]h b ikbobq_ nhjfbjh\Zgb_ ij_^klZ\e_gbc h a^hjh j_eZdkZpby</p>

AZgylby \ h[~~h~~kdh_ jZa\blb_ \d~~e~~kdZ^a\ k_[y g_kdhe
jZa^_eh\

FmaudZevjZybg.dZ

>\b`_gby \uihegyxlky ih^ fmaudm Bkihevamxlky
oh^v[u [_]Z b iju`db DZd ijZ\beh jZafbgdZ \uihe
ijh^\b`_gb_f \i_j_^ < wlhc qZklb mijZ`g_gby ^Zxlky k
gZijbf_j ©b^_f dZd pZiey^ ©e_ijbfjZddZdqadZeb^a

Jblfbq_kdZy]bfgZklbdZ

<uiheg_gb_ h[s_jZa\b\Zxsbo mijZ`g_gbc gZ f_kl
jZaebqgufb ij_^f_lZfb b [_a gbo

lZjl_jgZy]bfgZklbdZ

Wlh mijZ`g_gby gZ jZkly`dm jZa\blb_]b[dhklb
\uihegyxlky gZ ihem h[~~h~~bu g^ehy[olh]h qih[u j_[_ghd fl
k\hbf l_ehf Z_]h ^\b`_gby [ueb [he__ lhqgu_ b
mijZ`g_gby bf_xl k\hb gZa\Zgby b \uihegyxlky
eh]hjbfbdb

LZgp_\Zevgu_ ^\b`_gby

>Zgguc jZa^_e gZijZ\e_g gZ nhjZ~~h~~hgZgb^_bl_Zggbc
^_l_c qih kihkh[kl\m_l ih\ur_gbx h[s_c dmevlmju j_
^\b]ZI_evgh]h hiulZ jZaghh[jZagufb \b^Zfb ^\b`_gbc
lZgp_\Zevgu_ rZ]b ihabpbb jmd ^\b`_gby jmd gh]
ihkljh_gby bjh_jgky Hk\Zb\Zxlky \b^u ^\b`_gbc jZaebq

Kx`_lgh[jZagu_ lZgpu

Kx`_lgh[jZagu_ lZgpyxlky hkgh\hc ^ey jZa\blby qm]
^\b]ZI_evguo kihkh[ghkl_c aZgbfZxsboky iha\heyxsbo
ijZ\bevgh \uihegylv ^\b`_gby ih^k h[~~h~~bu kl\bb k l_dklhf
hkh[_gghklyfb fnoZijZd_ljm jblfm b l_fim[jZaxg_u_lghZgp
gZijZ\e_gu gZ jZa\blb_ \ujZabl_evghklb ^\b`_gbc
Zjlbklbqghklb jZa\blb_ ^\b]ZI_evghc iZfylb \ khhl\
l_dklhf ig_k_Bkihevah\Zgb_hkjZaggb lZgp_\ \ jZ[hl_ k
kihkh[kl\m_l jZa\blbx mf_gby \hkijbgbfZlv fmaudm l
gZkljh_gb_ oZjZdl_j b ihgbfZlv __ kh^_j`Zgb_ JZ
iZfylv \gbfZgb_ dhhj^bgZpby ^\b`_gby b_ggZkbbqqv
ijhkljZgkl_ < wlhf bZi~~h~~veamxdkZyd ijZ\be~~h~~amq_ggu_
lZgp_\Zevgu_ ^\b`_gby

FmaudZevgu_ k]ju ^_lb ex[yl b]jZlv ihwlhfm \
bkihevamxlky fmaudZevgu_ b]ju jZaebqgh]kxòZijZdl_j
jhe_\u_ b]ju `ghu^_bb]ju h[s_jZa\b\Zxsbo b]ju b]ju ^

^h_jbl_evguo hlghr_gbc \]jmii_ b]ju gZijZ\^e_ggu_
j_ [zgdZ d kZfhfm k_ [_ k\hbf qm\kl\Zf b]ju gZ jZa\bl
hjb_glZpbb \ ijhkljZgkl_\

Eh]hjblfbdZ

Eh]hjblfbdZhevam_lky \ ih^]hlh\bl_evghc qZklb aZ
]bfgZklbd_ \ jZamqb\Zgbb lZgp\ \Zehv[gZagwe_lfZgpZo b

2.1.2 Hkgh\gh_ kh^_j`Zgb_ qZklb nhjfbjm_fhc mqZklgbd
h[jZah\ZI_evguo hlghr_gbc

Hkh[_ggghklvx h[jZah^Zylewghklb JI y\ey_lky bkihevah\Z
iZjpbZbvgijh]jZffuB ;mj_gbghc ©Jblfbq_kdZy fhaZbdZa

P_ev ijh]jZffblfbq_kdZy fhaZbdZib_j_ [_gdZ nhjfbjh\Z
kj_^kl\Zfb fmaudb b jblfbq_kdbo ^\b`_gbc jZaghh[jZag
kihkh[ghkl_c dZdkkl\ ebqq

Hkgh\gh_ kh^_j`Zgb_

JZa\blb_ fmaudZevghklb

‡\hkiblZgb_ bgl_j_kZ b ex[\b d fmaud_ \ ijhp_kk_ kh
ih^ fmaudm kh k_ jklgbdZfb i_^Z]h]Zfb b jh^bl_eyfl

‡ h[h]Zs_gb_ kemrZI_evkdh]Z\ZigblZagZdhfuo ieykh\
\uo feh^bc gZjh^guo b ^_lkdbo i_k_g iv_k bah[jZa
\ujZ`_gb_ wlh \ wfhpbyo ^\b`_gbyo

‡jZa\blb_ mf_gby i_j_^Z\Zlv \ ^\b`_gbb oZjZdl_j fm
dhlgZklgh_ \^2k]enklgh_ rZek\khdhcggh_ b l ^

‡jZa\blb_ mf_gby^Z\Zlv hkgh\gu_ kj_^kl\Z fn
\ujZabl_evghklb l_fi -[ukfljucgghmf_j_gfghe_gguc
^bgZfbdm]hlfhdh j_]bklj aukhadh jblf kbevghmx
^2 dZd Zdp_gl jblfbq_kdmx imevkZpbx f3-qZkldmx j
nhjfm ijhba_gby k d h gulfjZkih oZjZdl_jm qZklyfb

2. JZa\blb_ ^\b]ZI_evguo dZq_kl\ b mf_gbc

JZa\blb_ kihkh[ghklb i_j_^Z\Zlv \ ieZklbd_ fmaudZev
ij_qbke_ggu_ gb`_ \b^u ^\b`_gbc

Основные:

oh^v[Z [h^jZy kihdhcgZy gZ ihemizzoevpZioZxsgZf
rZ]hf \i_j_^ b gZaZ^ kibghc k \ukhdbf ih^
\ukhdbc rZ] oh^v[Z gZ q_l_j_gvdZo

[_] ^2 e_]dbc jblfbqguc i_j_^Zxsbc jZaebqguc h
ilbqdb jmq_cdb b l ^

iju`dh\u_ ^\b`_2gbyZ ^\mo gh]Zo gZ f_kl_gbk_fijh
\i_j_^ ijyfhc }ZehirZ^db ih^kcdhdb`bagb

общеразвивающие упражнения: gZ jZaebqgu_]jmiiu furp b-jZae
jZdl_j kihkh[^\b`_gby mijZ`g_gby gZ ieZ\ghklv ^\b
ghklv dhjhju_ ^Zxiky dZkdghjZ\bejh\gZh h[jZaZ

имитационные движения ^2 jZaghh[jZagu_ -h]jjhZaugh ^\b`_gby j

dju\Zxsb_ ihgylguc ^_lyf h[jZa gZkljh_gb_ beb khf
ljmkeb\uc aZcqbd oblJZy ebkZ mkIZeZy klZjmrDZ b
пласовые движения ² ijhkl_crb_ wleu_gZgh^guo ieykhd ^hkIm
dhhj^bgZpbb gZijbf_j ihhq_j^gh_ \uklZ\e_gb_ gh
\Zgb_ h^ghc gh]hc \u[jZku\Zgb_ gh] b ^j

3. JZa\blb_ mf_gbc hjb_glbjh\Zlvky kZfjhkljZgk\evgh gZohA
k\h[h^
gh_ f_klh \ aZeZb\iZlvkyj\ djm] klZgh\blvky \ iZju b
^jm]hf

4. JZa\blb_ l\hj_qkdbo kihkh[ghkl_c
‡\hkiblZgb_ ihlj_[ghklb d kZfh\ujZ`_gbx \ ^\b`_gbb ih
‡nhjfbjh\Zgb_ mf_gbc bkihegylv agZdhfu_ ^\b`_gby
ih^ ^jm]mx fmaudm
‡jZa\blb_ \hhqjZy nZglZabb mf_gby gZoh^blv k\hb
_gby ^ey \ujZ`_gby oZjZdl_jZ fmaudb bljh\h]h h[
_klZfb we_f_glZjgufb ieykh\ufb ^\b`_gbyfb \f-kl_
klgbdZfb

5. JZa\blb_ b lj_gbjh\dZ ikbobq_kdbo ijhp_kkh\
‡jZablb_ mf_gby gZqbgZlv b aZdZgqb\Zlv ^\b`_2_gb_
jZa\lb_ kemoh\h]h \gbfZgby kihkh[ghklb dhhj^bg
ij^klZgby b ^\b]Zl_evngx j_Zdpbx
‡jZa\blb_ mf_gby \ujZ`Zlv wfhpbb \ fbfb^d jZb hklZg]h
]jmklv kljZo b_l ^dhgljZklgu_ ih oZjZdl_jm gZkljh
AZcqbd bkim]Zeky FbrdZ jZ^m_lky f^m b ^j
‡lj_gbjh\dZ ih^b`ghklb eZ[bevgklb g^j\m\ogbijhp
baf_gylv ^\b`_gby \ khhl_lkl\bb k jZaebqguf l_fihf
b mf_j_ggh f^e_ngh]hc ^\moqZklghc b jblfhf fmauc
‡jZa\blb_ \hkijbylby \gbfZgby \heb ^iZfflgb_fuvuiehgk
gylv mijZ`g_lghymjh\gy keh`ghklb kf ijbe hl gZq
hl\le_dZykv ihdZam \ajhkeh]h beb klZjr_]h j_[_gdZ
JZa\blb\kljZg-gdhffmgbdZlb\guo dZq_kl\ ebqghklb
‡\hkiblZgb_ mf_gby qm\kl\h\Zlv gZkljh_gb_ fmaudb
jZaZ i_j^Zggh_ \ fmaudZevghf ijhba_ ^_gbb b \u
dhgljZklgu_ wfhpbb gZijbf_j]jmklguck_Qe\m]QrdZ
jZrdZ b ^j
‡\hkiblZgb_ mf_gby _klb k_[y \]jmii_ \h \j_fy ^\b`
qm\kl\Z lZdlZ b dmevlmjguo ijb\uq_d \ ijhp_kk_]jmiih
\ajhkeufb ijhimkdZlv klZjrbo \i_j^b k_[y fZevqbd
^_\hqdm gZ lZg_jh\h^abZlv_f_i gZ f_klh

2.2 Kh^_j`Zgb_ jZ[hlu \ kj_^g_c e]imii_

Танцевальная разминка, ритмическая гимнастика.

- Bah[jZ`_gb_ jZaebqguo `b\hlguo \ ^\b`_gbb
- mijZ`g_gby ^ey ie_q]heh\u dhjimkZ
- [_] b iju`db \ khq_IZgbb ih ijbgp bim dhgljZklZ
- mijZg_gby k jZaebqgufb ij_^f_IZfb

Партерная гимнастика.

- mijZ`g_gby ^ey klhi jZa\bly jZkly`db]b[dhkl
bkihevah\Zgb_f klboh\ eh]hjbfbdb
- mijZ`g_gby ^ey jZa\bly]b[dhklb ©dgb`dZ^a ©
©dhe_qdh^a ©fhklbd^a ©pZj^a_adZ^a ©meb

Танцевальные движения.

- lhiZxsbc rZ] \uklZ\e_gb_ gh]b gZ ghkhd i_j_^ kh[h
- lZgp_\Zevgu_ ^\b`_gby k ZIjb[mIZfb fyq kmelZgq
iehkdb_ dhevpZ neZ`db ieZlhqdb
- ihkljh_gb_ \ ^\ _ b \ ljb ebgb b h[jZlgh \ h^gm dhe
- ^\b`_gb_ZjZio ih djm]m
- jZ\ghf_jguc [_] k aZoezklhf]he_gb [ukljh b k aZf_
- e_]db_ jZ\ghf_jgu_ \ukhdb_ iju`db
- i_j_kdhdb k gh]b gZ gh]m
- ijhklhc lZgp_\Zevguc rZ] ijbklZ\ghc rZ]
- jZ[hIZ gZ^ ^\b`_gby k jZkhdZ dbkl_c ©\hegz^a jmdZfb
- lZg_p ihevdb b b ghfm b \ iZjZo
- lZgp_\Zevgu_ ^\b`_gby \ iZjZo k bkihevah\Zgb_f ij

Сюжетно-образные танцы

- Bamq_gb_ lZg_p jZg\p]jb[hqdZi_e`db ©Dhgn_ldb
©RhdheZ^gu_ fb©m_lkb_ggyy^aih©vZrdb^a b ^j

Музыкальные игры

- B]ju ©jmd^a ©]hj_edb^a ©eZ\ZIZ^a ©i^j__jgbkv lu^a

2.3. Kh^_j`Zgb_ jZ[hlu \ klZjr_c]emlii_

Танцевальная разминка, ритмическая гимнастика.

- Bah[jZ`_gb_ jZaebqguo `b\hlguo \ ^\b`_gbb
- mijZ`g_gby ^ey jymvk_furp k ij_^f_IZfb b [_a
- [_] b iju`db \ khq_IZgbb ih ijbgp bim dhgljZklZ

- jZaebqgu_ i_j_kljh_gby \ oh^v[_ \ [_]_ \ khq_ ^\b`_gbyfb

Партерная гимнастика.

- mijZ`g_gby gZ jZa\b|b_ jZkly`db]b[dhklb bkihevah\Zgb_f klboh\ eh]hjb|fbdb
- ieZ\guc i_j_oh^ ba mijZ`g_gbyyb\ ©dgb`dZ^a ©[©eh^hqdz^a ©dhe_qdh^a ©fhklbd^a ©[_j_adZ^a ©dhjh[hqdz^a

Танцевальные движения.

- ih\lhj_gb_ ijhc^_gguo we_f_glh\ b dhfihabpbc b bo
- lZgp_\Zevgu_ ^\b`_gby k Zljb[m|Zfb fyq lempZZggq iehkdb_ dhevpZ neZ`db e_glu gZ iZehqd_ rey ihke_^h\Zl_evgu_f q_j_^h\Zgb_f b gh\u_ [he__keh
- jZ[h|Z gZ^ ^\b`_gbyebZkjhdZ dbkl_c ©\hegz^a jmdZfb
- ^\b`_gby dhjimkhf gZdehgu b ih\hjhl u \ khq_lZg ^\b`_gfbby
- lZgp_\Zevgu_ ^\b`_gby \ iZjZo k bkihevah\Zgb_f v jZg__
- ihkljh_gb_ \ djm] \ ebgbx \ ^_ \ ljb ebgbb bkihevah\Zgb_f ijhc^_gguo lZgp_\Zevguo we_f_glh
- ^\b`_gby ihevdb ih djm]m
- ©?gdZgdZ^a \ jZaebqguo \bZyo ihkljh_

Сюжетно-образные танцы

- lh\lhj_gb_ bamq_gguo jZg__ lZgp_\ b g_dh|lhj_ bo
- Bamq_gb_ gh\uo AZgmrdZ^a© ©LZg_ap Kghfbg^adb ©Kg_]h\bd©LZg_p kg©]b|j|bka^m x^a ©K|b|j|bZ^a j|b^a b ^j

Музыкальные игры

- JZg__ bamq_gghu`_leZg bix
- B]ju ©ju[Zd b ju[db^a b]jZ k e_g|ZfbZ©p|b^a jp_l

2.4. Kh^`Zgb_ jZ[hlu \ ih^]hlh\bl_evghc d fdhee_l]jmii_

Танцевальная разминка, ритмическая гимнастика.

- H[jZagu_ mijZ`g_gby \ ^\b`_gbb \ oh^v[_ [_]_ iju
- bkihevah\Zgb_ \ jZafbgd_ gZj_adb ba jZaguo ijhc^_
- ^\b`_gby ih ihdZam ba ijhc^_gguo we_f_glh\ b ^\b`_

Партерная гимнастика.

- mijZ`g_gby ^ey jZa\bly]b[dhklb k mkeh`g_gb_f
©eh^hqdz^a ©dhe_qdh^a ©fhklbd^a ©j[u]jdz^a ©meb
- [ukljuc i_j_oh^ ba mijZ`g_gby \ mijZ`g_gb_ k
fmaudZevghc ih^[hjdb

Танцевальные движения.

- ih\lhj_gb_ ijhc^_gguo we_f_glh\ b dhfihabppbc b bo
- mijZ`g_gby k Zlj[m]Zfb fyq kmelZgqbdb e_glu
dhevpZ beZ`^j]m]b_ ijhc^_ggu_ k ihke_^h\Zl_evgu
gh\u_ [he__ keh`gu_
- jZ[h]Z dhjimikhjhjlu b gZdehgu \ khq_I]gbb k ^j]m]
ijb]hiZfb jZaebqgufb lZgp_\Zevgufb rZ]Zfb ^\b`_
- ihkljh_gb_ \ ^\Z djm]Z ijhlb\hoh^k]ph^gm]yb\ khq_I
lZgp_\Zevgufb ^\b`_gbyfb b k bkihevah\Zgb_f Zljb]
- lZgp_\Zevgu_ ^\b`_gby \ iZjZo k bkihevah\Zgb_f v
jZg__ kf_gZ iZjlg_jZ \ ^\b`_gbb
- lZg_p ihevdb ih djm]m kh kf_ghc iZjlg_jZ

Сюжетно-образные танцы

- lh\lhj_gb_ bamq_gguo jZg__ lZgp_\ b ^h[Z\e_gb_ i_
- Bamq_gb_ gh\uo lZgp_\ k bkiheva^LZggbZ]fili]p&f_lh\
©LZg_gp_qbklb^Fu fZe_gvdb_ ^a^©G^huh]h^gb_ b]jmr
©]mkkdbc lZg_p^ ©LZg_p fZ^e^LZggb^e_[c^_©lZgZ
©Z\gZ]be^ZfukZfuc^LZg_p qZ_d^ ©<Zevk^ b ^j

Музыкальные игры

- JZg__ bamq_ggu_ b]ju ih ` _eZgbx
- B]ju ©>bkdhl_dZ^a b]jZ ©A_jdZeh^a ©>h]hgyedh
lZgp_\Zevguo ^\b`^j]gbc^a

Nhjfu kihkh[u f_lh^u b kj_^k\Zlj_Zevguo \hajZklguo b bg^b\b^mZevguo
 \hkibIZggbdh\ ki_pbnbdb bo h[jZah\ZI_evguo ihlj_[ghkl_c b bgl_j_kh\

Nhjfu jZ[hlu			
J_`bfgu_ fhf_glu	Kh\f_klgZy ^_yl_evghkl i_^Z]h]Z k ^_lvfb	KZfhklhyl_evgy ^_yl_evghk	Kh\f_klgZy ^_yllve k gh_kfv_c
Nhjfu hj]ZgbaZpbb ^_l_c			
Bg^b\b^mZevgu_ lh^]jmiih\u_	=jmiih\u_ lh^]jmiih\u_ Bg^b\b^mZevgu_	Bg^b\b^mZevgu_ lh^]jmiih\u_	=jmiih\u_ lh^]jmiih\u_ Bg^b\b^mZevgu_
Bkihevah\Zgfbdb -gZ mlj_gg_Zk]bfg nbadmevl_gZ_fmaudZ aZgylbyo -- bgl_]jZpby \ ^jm]b h[jZah\ZI_evgu_ h[e -\h \j_fijh]medb -\ kx`_fjhe_luo b]jZ -- gZ ijZa^gbdZo b jZa\e_q_gbyo	AZgylby jblfbdhc ljZa^gdb jZa\e_q_ JblfbdZih\k_^g_\ghc `bagb -L_ZljZebah\ZgZevghk -Jblfbq_k]ju -JZa\bib_ lZgp_b]Zevgh -ljb^mfu\Zgb_ \ujZabl_e ^_ckl\bc k \hh[jZ`Z_fuf ij_^f_lZhgq_kl\Z	Kha^Zgb_ mkeh\bc ^ey kZ jblfbq_kdh_yl_evghklb \]jmii fmaudZevguo nj,ZZfij]mVhey jblfbq_kdbo b]j b wZgp_glh\ dhklxfh\ ^ey l_ZljZebah\Zgg ^_yl_evghklb Jblfbq_k]j]ukh keh\Zfb Jblfbq_kdb_k]j]h\hc bfijh\baZpb_c lh^[hj Zlj]ml]h]l^eg_kdb b]jh\uo mijZ`g_gbc - Kha^Zgby ^_l_c b]jh\uo l\ kblmZpbc k_xhelg\Zy b]jZ kihkh[kl\mxsbo bfijh\baZpbb jZaguo i_jkhgZ`_c `b\hlguo fmaudm khhl_lkl\mxs_]h oZ ljb^mfu\Zgb_ ijhkl_crbo lZgp_\Zevguo ^\b`_gbc KkhkI\Z_e_gbh]h]f]c jmkk lZgp_\ \ZjbZpbc we_f_glh\ ^b`_gbc	DhgkmevlZpbb ^ey jh^bl_e Bg^b\b^mZevgu_ [_k_^u Kh\f_klg ijZa^gdbdb jZa \ H>H>dexq_gb_ jh^bl_e_c \ i ih^]hlh\dm d gbf Hldjulu_aZgyl]j]blfbdb]y jh^bl_e_c Kha^Zgb_ gZl^y]h]h]bq_kdhc ijhiZ]g^u ^ey jh^bl_e_c ih l_af_

2.6 Kihkh[**b** gZijZ\e_gby ih^^_j`db ^_lkdhc bgbpbZib\

Ih^^_j`dZ bg^b\b^mZevghklb b bgbpbZib\ u j_d_c hkms

- kha^Zgb_ mkeh\bc ^ey k\h[h^gh]h \u[hjZ ^_lvfb kh\f_klghc ^_yl_evghklb
- kha^Zgb_ mkeh\bc ^ey ijbgylby ^_lvfb j_r_gbc \ fuke_c
- g_^bj_dlb\gmx ihfhsv ^_lyf ih^^_j`dm ^_lkdhc kZfhklhyl_evghklb b]jh\hc ijh_dlghc ihagZ\Zl_evghc b l ^

>ey wih]h g_h[oh^bfh

- <\h^blvZ^_d\Zl gmx hp_gdm j_amevlZIZ ^_yl_e h^gh\j_f_gguf ijbagZgb_f_]h mkbebc b mdZaZg kihkh[h\ kh\gk\h\Zgby ijh^mdlZ
- Kihdhcgh j_Z]bjh\Zlv gZ g_mki_o j_[_gdZ b ij_^e bkijZ\e_gby jZ[hlu ih\lhjgh_ bkiheg_gb_ kimk ^h^_eu\Zgb_ kh_jr_gkl\h\Zgb_ ^_lZe_c b l i
- JZkkdZau\Zlv ^_lyf h ljm^ghklyo k dhlh\jZe_b\ujbk Zf\m gh\uf \b^Zf ^_yl_evghklb
- Kha^Z\Zlv kblmZpbb iha\heyxsb_ j_[_gdm j_Zeba h[j_lZy m\Z`_gb_ b ijbagZgb_ \ajhkeuo b k_jklgbc
- H[jZsZlvky d ^_lyf k ijhkv[hc ihdZaZlv i_^Z]h r bg^b\b^mZevghklb`_gbyf dhlhju_ _klv m dZ`^h]h
- Ih^^_j`b\Zlv qm\kl\h]hj^hklb aZ k\hc ljm^ b j_amevlZIZfb
- Kha^Z\Zlv mkeh\by ^ey jZaghh[jZaghc kZfhk ^_yl_evghklb ^_l_c
- ljb g_h[oh^bfhklb ihfh]Zlv ^_lyf \ j_r_g]Zg b jhZ e b ik
- ljb\e_dZlv ^_l_c d ieZgbjh\Zgbx `bagb]jmiiu gZ Mqblu\Zlv b j_Zebah\Zlv bo ih`_eZgby b ij_^eh`_g
- Kha^Z\Zlv mkeh\by b \u^_eylv \j_fy ^ey kZfhklh ihagZ\Zl_e^ghc evghklb ^_l_c ih bgl_j_kZf

2.7. Hkh[_gghklb \aZbfh^_ckl\by k k_fvyfb \hkiblZggbd

>ey mki_rghc j_ZebaZpbb JI ^he`gu [ulv h[_ki_q_g \hkiblZgbb ^_l_c b mdj_ie_gbb bo a^hjh\vy \h\e_q_g ^_yl_evghklv

ljb ieZgbjh\Zgbb jZ[hlu\k k k_b fZgfb dh\ mqblu\Z_lky khp jh^bl_e_c mjh_gv fZl_jbZevgh]h khklhygby h[jZah\Z Hkgh\gu_ gZijZ\e_gby jZ[hlu k k_fvzc

<Z`g_crbf mkeh\b_f g_h[oh^bfuf ^ey kha^Zgby khpbZ
^_l_c y\ey_lky _cakZbfh^k jh^bl_eyfb ih \hijkZf h[jZa
g_ihkj_^kl_ggh]h \h\le_q_gby bo \ h[jZah\ZI_evngx ^_
P_ev \aZbfh^_ckl\by ^_lkdh]h kZ^Z^Zkgbk_fvz^_lkdh
g_h[oh^bfuo mkeh\bc ^ey jZa\blby hl_lkl_gguo_gb\caZ
k_fvyfb \hkiblZggbdh\ h[_ki_qb\Zxsbo p_eklgh_ jZ
dhfi_l_glghklb_]h jh^bl_e_c aZdexqZxs_cky \ kihkl
lbiu khpbZievgh]h]bq_kdbo kblmZpbc k\yaZgguo k \hki
<aZbfh^_ckl\b_kh\ghzfu^v ihkljh_gh gZ hkeghgh]kghZ
ih^oh^Z kh]eZkgh dh]hjfm ijbagZziky ijZ\h jh^bl_e_
mqZklb_ \ `bagb ^_lkdh]h kZ^Z

AZ^Zqb \aZbfh^_ckl\by ^_lkdh]h kZ^Z k k_fvzc

- Bamq_gb_ hlghr_gby i_^Z]h]h\ b jrf^bhije_kZfd jZaeb
\hkiblZgby h[mq_gby jZa\blby ^_l_c mkeh\bc hj]
^_yl_evghklb \ ^_lkdhf kZ^m b k_fv_
- AgZdhfkl\h i_^Z]h]h\ b jh^bl_e_c k emqrbf hiulhf \
^hrdhevgh]h \hajZklZ \ ^_lkdhf kZ^m b k_fv_ hjZkd
b f_lh^u jZa\blby bgl_]jZlbguo dZq_kl\ j_[zgdZ Z
ljm^ghklyfb \hagbdZxsbf \ k_f_cgfh b h[s_kl_gg
^hrdhevghbdh\
- Bgnhjfbjh\Zgb_ ^jm] ^jm]Z h[ZdlmZevguo aZ^ZqZc
^_l_c gZ jZaguo \hajZkbgjZa\blbyZb h \hafh`ghklyo
kZ^Z b k_fvb \ j_r_gbb ^Zgguo aZ^Zq
- Kha^Zgb_ \ ^_lkdhf kZ^m mkeh\bc ^ey jZaghh[jZag
nhjfZf kh]jm^gbq_kl\Z kihkh[kl\mxs_]h jZa\blbx dh
\ aZbfh^_ckl\by i_^Z]h]h\ b jh^blgbdghk^_gdxfbm\kkl
^_bg_gby jZ^hklb]hj^hklb aZ ihemq_ggu_ j_amey
- ljb\le_q_gb_ k_f_c \hkiblZggbdh\ d mqZklbx \ kh\f_
f_jhijbylbyo hj]Zgbam_fuo \ jZchg_]hj^_
- lhhsj_gb_ jh^bl_e_c aZ \gbfZI_evgh_ hlghr_gb_ d
klj_fgbbyf b ihlj_[ghklyf j_[zgdZ b kha^Zgb_ g_h[oh
m^h\le_l\hj_gby \ k_fv_

< ^hrdhevghf mqj_`^_gbb kha^Zgu mkeh\by

- ^ey ij_^hklZ\le_gby bgnhjZpbb h JI k_fv_ b \k_f a
\h\le_qzgguf \ h[jZah\ZI_evngx ^_yl_evgh]kld/hc
h[s_kl_gghklb
- ^ey \ajhkeuo ih ihbkdm bkihevah\Zgbx fZI_jb
j_ZebaZpbx JI \ lhf qbke_ \ bgnhjZpbhgghc kj_^_
- ^ey h[km`^_gby k jh^bl_eyfb ^_l_c \hijkh\ k\yaZg

Kbkl_fZ i_^Z]h]bq_kdh]hnbhagbl_hj_b_g]Z jZa\blby

< qZklb hp_gdb j_amevlZl\h\© Jhklfb_dZy ihlnbabc
jZa\blbyh\h^blky ZgZeba ^bgZfbdb bg^b\b^mZevgh]h
hkms_kl\ey_lky j_]meyjguc dhgljhev b mq_l ^hk
j_amevlZl\ hk\h_gzofu («Журнал наблюдений»), ZgZebabjm
m^h\le_l\hj_gghklv jh^bl_e_c dZq_kl\hf ij_^hkIz\ey_fuc

Bih]b hp_gdb ^bgZfbdb bg^b\b^mZevgh]h jZa\
ih^e`ZI im[ebqghfm ij_^klZ\le_gbx BgnhjZpby ihy b
dhgnb^_gpbZevghc < hl^_evguo kemqZyo ih mklghf
\hkiblZI_e_f bgnhjZpbx bkihevamxl \hkiblZI_eb]j
jZatykgbl_ievgh_lbl_evkdhc jZ[hlu k jh^bl_eyfb

Hp_gdZ ^bgZfbdb bg^b\b^mZevgh]h jZa\bkkyk\pkid
k\h_\j_f_ggh]h \uy\le_gby ijh[e_f \ bo jZa\blbb b hZ
i_^Z]h]bq_kdhc ihfhsb b ihke^mxs_]h ZgZebaZ wnn
^_ckl\bc

Hkgh\guf f_lh^hf fhgblhjb_g]Z m\leglbbkgZy hp_gdZgh
e_`ZI kxsb_ ijb_gpbui

- hgZ kljhbiky \ hkgh\ghf gZ ZgZeba_ j_Zevgh]h i
j_amevlZI_ \uiheg_gby ki_pbZevguo aZ^Zgbc E
ihkj_^kl\hf iyyfh]h gZ[ex^_gby aZ ih_^_gb_f j
gZ[ex^_gby i_^Z]h] ihemqgghc kkl^kl\\ b]jh\uo kl
oh^_ j_`bfguo fhf_glh\ \ ijhp_kk_ hj]Zgbah\Zg
^_yl_evghklb Z g_ \ gZ^mfZgguo kblmZpbyo
h[uqguo l_klZo bf_xsbo keZ[h_ hlghr_gb_ d j_Zev
- Zml_glbqgZyZhpZdkbfZevgh kljmdlmjbjh\ZgZ ?keb
hp_gdb jh^bl_eb ^Ze_dh g_ \k_]^Z ihgbfZxl kfuk
ihlfm g_j_^dh \ujZlZvghg_hZghr_gb_ d l_klbjh\Zgb
kemqZ_ Zml_glbqghc hp_gdb hl\lu bf mlgykZul
iZjlg_jZfb i_^Z]h]Z ijb ihbkd_ hl_IZ gZ lhl beeb bg

>Zggu_ h j_amevlZlZo fhgblhjb_g]Z aZghkylky \ @mj
fhgblhjb_g]Z ih \k_f iyib h[jZah\ZI_evgu f h[eZklyf l_^
_^_lky j_]meyjgh

III. Hj]ZgZp bhgguc jZa^_e

3.1 Hj]ZgbaZpby aZgylbc ©Nbabq_kdh_ jZa\b|b_ Jblf
Jl hibjZykv gZ Hl^ihheZ]Z_l ijh\^Zgylb Nbabq_kdh_
jZa\b|b_ JblfbdZg_ajZex \ dZ`^hc \hajZklghc j]mii
ljh^he`bl_evghklv aZgylbc

=jmiiZ	<hajZkl	>ebl_evghklv a fbgml
Kj_^gyy	k ^h e_l	20
KlZjrZy	k ^h e_l	25
lh^]hlh\b _e y d rdhe_]j	k ^h e_l	30

<h \lhjhc iheh\ybgjh\hg^b|ky kh\f_klgZy ^_yl_evghklv
^hkma©JblfbdZajZa \ g_^_ex

3.2 F_lh^bq_kdh_ h[_ki_q_gb_ j_ZebaZpbb jZ[hq_c ijh

1. ;Zjurgbdh\Z L :a[mdZ ohj_h]jZnbb F
2. ;_dbgZ K B Ehfh\Z L l Khdh\gbgZ ? G FmaudZ b
b]ju ieykdb ^ey ^e_ll_cQZklv F
3. =hjrhdh\Z ? < Hl`_klZmaudZp mguc j_i_jlmZj d lZgp_
mijZ`g_gby wlx^Zf b ki_dIZdeyf lhkh[b_ ^ey fmaudZe
F Ba^ZI_evkl\h =GHF b k K_jby ©FmaudZ ^ey ^hrdh
4. ;mj_gbgZ : B Jblfbq_kdZy fhaZbdZ ljh]jZffZdih^jeyf
^_l_c ^hrdhevgh]h b feZ^r_]h rdhkv]gh]h-\hajZklZ
5. :_jbgZ B ? Nbadmevlmjgu_ fbgmlbb b ^bgZfbq_kdb
h[jZah\ZI_evguo mqj_`^_gbyo ijZdl ih4kh[b_a^FB ?cj-bk]
ij_kk - k
6. Kmhjh\Z L B LZgp_\ZevgZy jblfbklZ ^eFym^uld_ZevgZy
2006.- k
7. DZiemgh\Z B Gh\hkdhevpl_Z B Wihl m^b\b|_evguc
jblfZ m ^-kl]c Dhfihablhj- k
8. K K b ? K @_e_agh\u F_lh^ZeZgjZ]hgjZa\b|b|y @ _e
©FmaudZ k fZfhc^a
9. ?e_gZ lhieygh\Z -@ bZedZpchq db^a B]ju i_k_gdb b lZgp
Q_ey[bgkd k
10. ?e_gZ lh^^m[gZy ©FmaudZevgu_ iZevqbdh\uk b]ju^a
11. <hjh[v_\Z ? : JZ[hqZy ijh]jZffZ H[pZkh\Z©_emgZy_kl
wkl_lbq_kdh_ \hkiblZgb_^a FmaudZevgZy ^_ylkevghklv
12. AZlyfbgZ L : Klj_i_lh\Z E < FmaudZevgZp qj_bkfbh
ihkh[b_ L : AZlyfbgZ E < -Zj_ba^h\ZbkejZ\F ^©ileZg_l
2013.

3.3 Mq_[guc iæZgylbNbabq_kdh_ jZa\blb_ JblfbdZ^a

NBABQ?KDJH?A<BLB?							
<b^u_yi_evghklb	ijh^he` _evghk qZk	Dheh jZa	G_^_ey H[sZy ijh^he`bl ghklvqZk	F_ky4g_^_eb H[s_` dhe bq_	H[sZy ijh^he`b evghklv qZk	=h^ f_kyp_\ H[s_` dhe bq_	H[sZy ijh^he`b evghkl qZk
IH>=HLH<BL?EVGJHCAJ:K(6-7)							
A:GYLB?							
JblfbdZ	0,5	1	0,5	4	2	36	18
Blh]h							
		3	1,5	12	6	108	54
Kh\f_klgZ_yyl_evghk^Z]h]h^_l_c							
Kihjlb\gu`hkm] Jblfb	0,5	1	0,5	4	2	36	18
KL:JRBC<HAJ:K(5-6)							
A:GYLB?							
JblfbdZ	0,4	1	0,4	4	1,6	36	14,4
Blh]h							
		3	1,2	12	4,8	108	43,2
Kh\f_klgZ_yyl_evghk^Z]h]h^_l_c							
Kihjlb\gubkmp]lfb dZ	0,4	1	0,4	4	1,6	36	14,4
KJ?>GBCHAJ:K(4-5)							
A:GYLB?							
JblfbdZ	0,3	1	0,3	4	1,2	36	10,8
Blh]h							
		3	0,9	12	3,6	108	32,4
Kh\f_klgZ_yyl_evghk^Z]h]h^_l_c							
Kihjlb\gu`hkm] Jblfb	0,3	1	0,3	4	1,2	36	10,8

3.4. IeZgbjh\Zgb_ ijZa^gbdh\ b jZa\e_q_gbc

< i i	Kh^_j`Zgb_ jZ[hlu
1.	©>_gv agZgbc ^a
2	©>_gv ^hrdhevgh]h jZ[hlgbdZ ^a
3	©Y ijb\b\hd g_ [hxkv ^a D_kl
4	H[_avygbc ijZa^gbd
5	©>_gv jh`^_gby ^_lkdh]h kZ^Z ^a
6	©>_gv fZI_jb ^a
7	©Gh\uc =h ^a
8	©>bghaZ\jbdb ^a jZa\e_q_gb_
9	©E_gbg]jZ^kdbc >_gv lh[_^u ^a
10	©IjhsZgb_ k _ehqdhc ^a
11	©>_gv aZsblgbdh\ Hl_q_kl\Z ^a kihjlb\guc ijZa^g
12	©FZke_gbpZ ^a
13	© FZjIZ ^a
14	>_gv dhkfhgZ\lbdb kihjlb\gh_ jZa\e_q_gb_
15	>_gv [ih^u
16	<uimkdghc
17	©;Ze m n_b Fmaudb ^a jZa\e_q_gb_ ^ey ^_l_c kj

3.5 Hkh[_gghklb kha^Zgghc JIIK

AZgylby ih h[jZah\ZI_evghc h[eZklb ©Nbabq_kdh_ jZa\ fmaudZg~~h~~f aZe_

Предметы, используемые для реализации программы.

GZ aZgylbyo bkihevamxky jZaeb fmgud_b ij[m^f g_lu g_lhicpZd g iZehqdZo h[jmqb iehkdb_ dhevpZ neZ`db kmelZg \ha^mrgu_b dZj fyqb dhehdhevqbbdbh krl~~α~~fyudbb^jm]b_ ^hihegbl_evgu_ Zljb[mlu

FmaudZevguc aZe gZoh^blky gZ \lhjhf wIZ`_ khh KZglbgZ b ijZ\bezf ih`Zjghc [_ahizkghklb AZe h kihdhcgu p_l dhlhjuc kha^Z_l ikboheh]bq_k~~α~~bc fmaudZevg~~h~~ _ kha^ZgZ jZa\b\ZxsiZy klijZ~~g~~kl\vggZy kj_ khhl_lkl\bb k ihklZ\e_ggufb h[jZah\ZI_evgu~~f~~b p_eyf djbl_jbyf aZnbdkbjh\Zggufb N=HK ^hrdhevgh]h ljZgknhjfbjm_fZy ihebnmgdpbhgZevgZy \ZjbZk~~g~~Zy~~g~~yb wkl_lbq_ijk~~h~~le_dZI_eA~~Z~~ZyhgZs_g agjZdZb~~Z~~rb _klv lZgp_ jZaf_ldZ ^ey m^h[gh]h ihkljh_gby \ lZgpZo

JZa\b\ZxsZy ij_`fj_klg`gkl_ggZy kj_^Z ^ey \k
kh^_j`ZI_evgh gZkus_gZ b khhl_lkl`m`ghkHafZklguf
B]jh\hc fZI_jbZe i_jbh^bq_kdb f_gy_lky ihy\eyxiky
klbfmebjmxsb_ b]jh\mx ^\b]ZI_evngx b bkke_^h\ZI_e
k mqzlhf baf_`g`ghc l_fZlbdb lZdbf h[jZahf jZa
y\ey_lky \ZjbZlbg`ghc

H[jZah\ZI_evgh_ ijhkljZgkl`h fmaudZevgh]h aZeZ hkgZs
- >_lkdbfb klmevqbdZfb
- RdZnZfb ij_^gZagZq_ggufb ih^ Zljb[mlu
- KlheZ`ey fmaudZevguo bgkljmf_glh\ b Zljb[mlh\ JZa
ex[hfm j_[_gdm \aylv bgkljmf_gl beb Zljb[ml kZfhklhyl
- &' ijhb]ju\ZI_e_f k dhehgZfb
- WdjZghf ijh_dlhjh
- Dhfvxl_jhf
- >b^Zdlbq_kdbfb b]jZfb b ihkh[byfb
- nhjl_ibZgh
AZe ih^_e_g gZ ^_ ahgu kihdhcgmx b Zdlb\gmx
:dlb\gZy akgfZmaudZevghf aZe_ Zdlb\gZyhahghZevrh_
ijhkljZgkl`hy ^fmaudZevgh]h GZ`_igom _klv± khhdjhcghc
jZkp_ldb
KihdhcgZy ahgiZdhcghc ahg_ hkms_kl\eyxiky \hkijbylb
< ahg_ kfhglbjh\Zgu l_ogbq_kdb_ kj_^kl\Z h[mq_gby

Hj]ZgbaZpby jZa\b\Zxs_c- iijh`klfjZl`gkl_ggghc kj_^u
kmq_lhf bgl_]jZpbb h[jZah\ZI_evguo h[eZkl_c
H[jZah\ZI_evgy h[eZklv Nbabq_kdh_ jZa\blb_

Интеграция в образовательную область "Физическое развитие" представлена следующими материалами и атрибутами:

- E_glu gZ iZehqdZo ihfihgu km ejl_Z`g qrbZd b u lbaZ ghv] @gha u
- ©Ebkly^a
- P_lu ^_dhjZlbg_u_
- ;Z[hqdb
- Fyqb
- H[jmqb

H[jZah\ZI_evgy "H[hazkl\ZI_evgh_ jZa\blb_

Интеграция в образовательную область "Познавательное развитие" представлена следующими материалами и атрибутами:

- lhjl_lu dhfihablhjh\
- lh^[hjdZ ij_a_glZpbc ih lZgp_\Zevghc bklhjbb
- lh^[hjdZ \b^_h ih [Ze_lZf b hi_jZf
- FmaudZevgu_ bgkljmf_glu
‡ ;m[gu
‡ Eh`db ^_j_\ygu_

‡ F_IZeebq_kdb_ dhehdhevqbdb

‡ >_lkdb_ fZjZdZku

‡ Rmfh\u_ bgkljmf_glu

H[jZah\ZI_eh[geZyklv KhpbZbvfgrhgbdZlb\gh_ jZa\blb_

Интеграция в эту область в зале представлена:

- gZ[hj ^_lkdbo fmaudZevguo rmfh\uo bgkljmf_glh\

- dZjlhl_dZ jZa\b\Zxsbo fmaudZevguo b]j

H[jZah\ZI_evgZy h[eZklv J_q_\h_ jZa\blb_

Интеграция в эту область представлена:

- ih^[hjdZ ij_a_glZpbc klboh\hj_gbc i_k_g

- dZjlhl_dZ iZevqbdh\uo b]j

- eh]hjb\fbq_kdb_ b]ju b lZgpu

- Zljb[m lu ^ey dhffmgbdZlb\guo lZgp_\ reyidb [Z[hqddb

H[jZah\ZI_evgZy h[eZklv Omw^kh`lkq_kgdh_ jZa\blb_

Интеграция в эту область представлена:

- dZjlhl_dZ dZjlbghd b om^h`_kl_gguo beexkljZpbc ih

- dhklxfu l_ZljZevgu_ ^_lkdb_ b \ajhkeu_ b we_f_glu dh

- [Zgg_ju ^ey mdjZr_gby aZeZ

DZe_g^ZljgfZlbq_kdh_ ieZgbjh\Zgb_
Kj_^gyy]jmiiZ

L_fuaZgylbc	Dh-èh	P_ev
©<kIZg_f ^_lb \ d	1	Nhjfbjh\Zlv gZ\udb ohjh\h^gh
©=^_`_ gZrb jmqd	1	Nhjfbjh\Zlv mf_gb_ j_]mebjh\ furp jmd
©=^_`_ gZrb gh`d	1	Nhjfbjh\Zlv mf_gb_ jlv]mebjh\ furp gh]
©Heh\ygggu_ khe^Z	2	Mqblv dhhj^bgbjh\Zlv ^\b`_gb
©<f_kl_ _k_eh rZ	1	Kh_jr_gkl\h\Zlv dZq_kl\h fZj [_]Z
©lh e_kghc ^hjh`d	1	Mqblv \uihegylv ^\b`_gby \ kh l_dklhf i_j_^Z\Zlv Z]ab\ u_ nj
©lml_r_kl\b_ \ abf kdZadm ^a	2	Mqblv ^_l_c hjb_glbjh\d_ \ ijh \uihegylv ^\b`_gby ih ihdZam
©Hc fhjha fhjha	2	Mqblv ^_l_c aZihfbgZlv ihke_ lZgp_\Zevguo ^\b`_gbc
©M [Z[mrdbgh]h k	2	Nhjfbjh\Zlv mhgblv ©p_ihqdh ^_j`Zkv aZ jmdb kh_jr_gk\b b ijbklZ\ghc rZ]b
©GZ \klj_qm d khe	2	JZa\b\Zlv hjb_glbjh\dm \ ijhk dZq_kl\h ijm`bgguo ijbk_^Zgb
©EbkIhqdb ^a	1	JZa\b\Zlv mf_gb_ ^\b]Zlvky \ baf_g_gb_f ^b]Zabdb
©Kg_`db ^a	1	Mqblv ^_l_c kh]eZkh\Zggh ^\b djm`blvky iZjZfb
©NhgZjbdb ^a	1	Kh_jr_gkl\h\Zlv mf_gb_ \uihe k Zljb[mIZfb
©leZlIhqdb ^a	1	JZa\b\Zlv mf_gb_ khojZgylv j ^\b`_gbb \ jZaguo gZijZ\e_gb
©Eh`db ^a	1	Mqblv \uihegylv ^_ckl\by k Zlj jZa\b\Zlv \gbfZgb_ b eh\dhklv
©JZa^m\Zcky ima	1	Mqblv km`Zlv b jZkrbjylv djm b]jh\ u_ h[jZau
©<_k_eZy dZjmk_e	1	AZdj_ieylv ^\b`_gby ohjh\h^g mqblv f_gylv l_fi \h \j_fy ^\b`
©Fu^_f _^_f _^_f	1	Kh_jr_gkl\h\Zlv mf_gb_ oh^b jZa\b\Zlv \gbfZgb_ b eh\dhklv
©=hjhrbgu ^a	2	Mqblv ^_l_c kZfhklhyl_evgh i ba djm]Z \jZkkuigmx
©:o]jb[hqdb m^Z	2	JZa\b\Zlv hjb_glbjh\dm \ ijhk dZq_kl\h ijm`bggk_^Zgbc \ khh\l_kl\b k baf_g_gb_f ^bg
©E_kgu_ a\jylZ ^a	1	Ke_^blv aZ hkZgdhc ^_l_c \h memqrZlv dZq_kl\h lZgp_\Zev
©lju]kdhd ^a	2	MemqrZlv fma-udZ]evgu_ g ^_l_c kdZdZlv k gh]b gZ gh]r
©;_eu_ kg_`bgdb ^a	1	Mqblv kh]eZkh\Zggh ^\b]Zlvky jZ[hIZlv gZ^ \ujZabl_evghklvx

©Kg_]h\bdb ^a	1	JZa\b\Zlv jblfbqghklv ^\b`_gb [_]Z b iju`dh\
©FZfbgu ihfhsgbdt	1	AZdj_ieylv ^\b`_gby ohjh\h^g rZ]hf jZ[hIZlv gZ^h[klvx ^\b`_gk
©Eh`db m^Zeu_ ^a	1	Mqblv ^_l_c aZihfbgZlv ihke_ b]jh\uo ^\b`_gbc
©;md_l ^ey fZfu ^a	1	Kh_jr_gkl\h\Zlv fmaudZlv gk gZ\udb ^_l_c ih^h^blv ^_l_c ijbkIZ\gh]h rZ]Z
©IZmqhd ^a	1	JZa\b\Zlv \ujZaklv_b]jgZaguo ^\b`_gbc hjb_glbjh\dm \ijhk
Blh]h	36	

KIZjrZy]jmiiZ

L_fu aZgylbc	Dh`h	P_ev
©<f_kl_ k ^jm]hf ^a	1	Nhjfbjh\Zlv ihgylby ©dhehggZ ^a ©djm] ^a jZa\b\Zlv mf_gb_ ^_ckl
©IjZ\Zy \ ijZ\hc e e_\hc ^a	1	JZa\b\Zlv dhhj^bgZpbx b jblfbqg ^\b`_gbc kh_jr_gkl\h\Zlv jZ[h
©Ih^ jmqdm ijhc^_	1	Kh_jr_gkl\h\Zlv mf_gb_ f_gylv khhl_lkl\bb k fmaudhc mqblv ieykh\uf ^\b`_gbyf
©Ih]mey_f ih ^\hj	1	Ijh^he`Zlv mqblv jmkk\ubff ie ^\b`_gbyf jZa\b\Zlv eh\dhklv b
©Iju] kdhd ^h ihlh	1	Mqblv ^_l_c ^\b]Zlvky \ khhl_l oZjZdl_jhf fmaudb aZdj_ieylv i
©Lhi ijblhi ^a	1	JZa\b\Zlv qm\kl\h jblfZ aZdj_i hlf_qZlv \ ^\b`_gbb \ jbehiZzo kbevgmx ^hex
©<_lhqdb ^a	1	Mqblv oh^blv \ r_j_g]Zo khojZ
©Ahglbdb ^a	1	Mqblv kZfhklhyl_evgh gZqbgZlv fmaudZevgh]h \klmie_gby
©J_abgdZ ^a	1	Nhjfbjh\Zlv mf_gb_kjZ[h]Zgdhc dhee_dlb_ jZa\b\Zlv kZgZ`_gZ mijZ`g_gbc
©F_l_edb ^a	1	MemqrZlv hjb_glbjh\dm \ ijhklj jZ[hIZlv gZ^h[jZaghklvx jZa\b jblfbq_kdmx kihkh[ghklv \gbfZ
©P_lhqdb ^a	1	Kh_jr_gkl\h\Zlv e_]dbc lZgp_ jZa\b\Zlv \hh[jZ`_gb_
©Jmq__d ^a	2	MemqrZlv lZgZ`gZdhfuo ieykh\u ^\b`_gbc jZa\b\Zlv kemoh\h_ b \gbfZgb_
©>jm`gh aZ jmdb	2	MijZ`gylv \ mf_gbb kZfhklhyl_e l_fih\u_baf_g_gby \ fmaud_ k ^_ckl\h\Zlv \ b]jZo
©A_a^hqdz ^a	1	JZa\b\Zlv ieZ\ghklv ^\bh]g\h^g mijZ`g_gbyo mqblv djm`blvky [_]hf
©NhglZgqbdb ^a	2	Mqblv ^_l_c qm\kl\h\Zlv jblf fm ijhba_^_gby ^h[b\Zlvky q_ldb

		^b`_gbc
©Hk_ggb_ ebklhq	2	Mqblv qm\kl\h\Zlv jZkkeZ[e_gb furp dhjimkaZ\b}Zlv hjb_glbjh\dr ijhkljZgkl\
©DZ^jbevdZ ^a	2	MemqrZlv dZq_kl\h lZgp_\Zevg ihihegblv aZiZk ieykh\uo ^b`_
©>jm`gh iZjZfb \kl	2	Kh_jr_gkl\h\Zlv mf_gb_ jZ[hI keurZlv jZa\blb_ fmaudZevghc ^b`_gby
©Gh\h]gyy kdZadZ	2	JZa\b\Zlv ieZ\ghklv ohj\h^guo JZa\b\Zlv jblfbqghklv ^b`_gbc ke_^blv aZ hkZgdhc ^_l_c aZd fmaudZevguo `Zgjh\
©<Zj_`db ^a	2	JZkrbjylv aZiZk ieykh\uo ^b`_
©lh^kg_`gbdb ^a	2	GZqbgZlv ^b`_gby kjZam ihke \klmie_gbZ[hI Zlv gZ^ \ujZabl_e
©>ey fZfhqdb ^a	2	JZa\b\Zlv hjb_glbjh\dm \ ijhklj gZ^ h[jZaghklvx
©;jZ\u_ khe^Zlu ^a	2	JZa\b\Zlv qm\kl\h jblfZ mf_gb fmaudZevgu_ njZau nhjfbjh\Zg rZ]Z
©Kbgbc ieZlhq_d ^a	2	JZa\b\Zlv jblfbqghklv ^b`_gbc ke_^blv aZ hkZgdhc ^_l_c aZd fmaudZevguo `Zgjh\
Blh]h	36	

Ih^]hlh\bl_evgZy d rdhe_]jmiiZ

L_fu aZgylbc	Dh`h	P_ev
©Khjhdhgh`db ^a	1	JZkrbjylv aZiZk ieykh\uo ^b`_
©Lyg_`fhl yg_`f ^a	1	Mqblv i_j_kljZb\Zlvky \ ^_r_j fmaudZevgm x iZfyv
©JmdZ \ jmd_` ^a	1	JZa\b\Zlv mf_gb_ ^_l_c jblfbqg khhI_lkl\bb k jZaghh[jZaguf o fmaudb
©Qm^_kgZy ihe_q	2	<ujZ[Zlu\Zlv mf_gb_ ^_m`Zlv dh]h ijyfh k\h[h^gh hjb_glbjh\Zlvky ijhkljZgkl\
©GZ [Zem m Ahem	1	JZa\b\Zlv jblfbqghklv ^b`_gbc ke_^blv aZ hkZgdhc ^_l_c aZd fmaudZevguo `Zgjh\
©JZa ^\Z ljb ^a	1	MijZ`gylv \ oh^v[_ jZagh]h oZj b \ iZjZo mqblv we_f_gIzf \Ze
©Djm`bl_`f_gy ^a	2	AZdj_ieylv jZg__ ihemq_ggu_ g ohj_h]jZnbq_kdbo ^b`_gbc i_] ^b`_gbb ijhkl_crbc jblfbq_kdb
©RZjnbdb ^a	1	JZa\b\Zlv l\hj_q_kdb_ ijhy\e_gb jblfZ ^h[b\Zlvkyb qb_kI dhkg_gby ^b`_gbc
©Dhkugdb ^a	1	Kh_jr_gkl\h\Zlv \k_ \b^u hkgh aZihfbgZlv ihke^h\ZI_evgghklv kZfhklhyl_evg h_f_gylv bo

©<__jZ ^a	2	MemqrZlv gZ\udb hkgh\guo ^\b jblfbqghklv jZa\b\Zlv ieZ\ghkl
©lhehlgh ^a	2	Kh_jr_gkl\h\Zlv ^\b]ZI_evgu_ mqblv ^\b]Zlvky \ khh_lkl\bb aZf_^e_gb_f l_fiZ fmaudb hlf_ kbevgmx ^hex jZa\b\Zlv eh\dh
©KmelZgqbdb ^a	1	AZdj_ieylv gZ\udb ihkljh_gby \ memqrZlv dZq_kl\h ieykh\uo ^\ ^b_gbc iju`dh\
©K_j^_qdb ^a	1	<ujZ[Zlu\Zlv mf_gb_ ^_j`Zlv]h ijyfh k\h[h^gh hjb_glbjh\Zlvky ijhkljZgkl_
©MebldZ ^a	1	MemqrZlv dZq_kl\h ijm`bggh]h]ZehiZ \ujZabl_evgh i_j_ ^Z\Zl h[jZau
©Af_Z ^h	1	AZdj_ieylv gZ\udb ihkljh_gby \ <hkiblZgb_ ^jm`_ex[guo hlghr_ ^_lvfb
©DZkdZ ^{^a}	1	JZa\b\Zlv qm\kl\h jblfZ mf_gb_ fmaudZevgu_ njZau mqblv i_j_ ^b_gbyo ijhkl_crbc jblfbq_kd
©Hk_ggyy nZglZab	2	Kh_jr_gkl\h\Zlv ^\b]ZI_evgu_ gZ ^\b]Zlvky \ khh_lkl\bb k mkdh aZf_^e_gb_f l_fiZ fmaudb
©Kh_j_f_ggu_ jblf	2	Kihkh[kl\h\Zlv jZa\b\bx \hh[jZ` MemqrZlv dZq_kl\h ieykh\uo ^\ ^b_gbc kh_j_f_ggh]h lZgpZ
©JZa kg_`hd ^\Z	2	JZa\b\Zlv gZ\udb ihkljh_gby \ ^b_gby jmkkdh]h ohjh\h^Z
©Kg_`gZy dZjmk_e	2	Kihkh[kl\h\Zlv hk\h_gbx ^_lvfb rZ]Z jZa\b\Zlv kihkh[ghklv d g h[s_gbx
©FZfbgh k_j^p_a	2	JZa\b\Zlv ieZ\ghklv b e_]dhklv fmaudZevghklv
©Emqrb_a	2	AZdj_ieylv gZ\udb ihkljh_gby \ memqrZlv dZq_kl\h ieykh\uo ^\ ^b_gbc iju`dh\
©l_j\uc jZa \ i_j\uc	2	JZa\b\Zlv qm\kl\h jblfZ djZkb\ hjb_glbjh\dm \ ijhkljZgkl_ e_ b ih^kdhdh\
©<Zevkhd ^a	2	AZdie_gb_ fmaudZevghklv ^\b]ZI_evguo gZ\udh\ Kh^_ckl\ l\hj_kdbo ijhy\^e_gbc m ^_l_c
Blh]h	36	

Kj_^gyy jjmiiZ

Месяц (или квартал)	Интеграция образовательных областей	Основные задачи работы с детьми
L_fu gZijZ\e_gby ^_yl_@>hkggyy b]jZehqdZ ^a		
IX-X	KhpбZevgh dhffmgbдZlb\ jZa\blb_	- jZa\b\Zlv dhffmgbдZlb\gu_ kihkh[g lZgp_\Zevgmx b]jm
	lhagZ\ZI_evgh jZa\blb_	AZdj_ie_gb_ \ b]j_ iha iha iyyf ihabpbb jmd
	J_q_\h_ jZa\ jZa\blb_	H[h]Zs_gb_ keh\Zjgh]h aZiZkZ aZde]bfgZklbdb gZ hk_ggxx l_fZlbdm
	Om^h`_kl_-g wkl_lbq_kd jZa\blb_ fmaudZevg jZa\blb_	-jZa\b\Zlv qm\kl\h jblfZ f_gylv ^\b` f_ljhjblfZ hlf_qZlv oehidZfb Zdp_glu
	Nbabq_kdh_ jZa\blb_	Nhjfbjh\Zlv q_ldhklv lhqghklv ^\b`_g
L_fu gZijZ\e_gby ^_yl_@>jm`gZy b]jZehqdZ ^a		
XI-XII	KhpбZevgh dhffmgbдZlb\ jZa\blb_	<h \j_fy b]ju mf_lv kh]eZkh\Zgg \ajhkeh]h_kljZb\Zlvky \ djm`hqdb dhehggm
	lhagZ\ZI_evgh jZa\blb_	AZdj_ieylv \ b]j_ iha iha iha
	J_q_\h_ jZa\ jZa\blb_	B]ju gZ jZa\blb_ f_edhc fh]hjbdb
	Nbabq_kdh_ jZa\blb_	JZa\b\Zlv mf_gb_ bkihegylv ^\b`_gby dhjimkhf @_gdhjbgm`^_ggh
	Om^h`_kl_-g wkl_lbq_kd jZa\blb_ fmaudZevg jZa\blb_	:dlb\gh ih^i_\Zlv \h \j_fy -f ohj_h]jZnbq_kdbo b]j
L_fu gZijZ\e_gby ^_yl_@Abfgyy b]jZehqdZ ^a		
I-II	KhpбZevgh dhffmgbдZlb\ jZa\blb_	-<hkiblu\Zlv m ^_l`_ceZlh]jvhghklv ijb\ kdjhfhghklv qm\kl\h \aZbfhfhfsb \h \ ^_yl_evghklb
	lhagZ\ZI_evgh jZa\blb_	AZdj_ieylv \ b]j_ ^\b`_g[uy]hb]k]h]j]b]Z]g]p] ihcvdb [hdh\u_rZ]b [hdh\hc]Zehi
	J_q_\h_ jZa\ jZa\blb_	-h[h]ZsZlv jve]h]Z^_e_gbyfb oZjZdl_jZ
	Om^h`_kl_-g wkl_lbq_kd	- JZa\b\Zlv mf_gb_ bfijh\babjh\Zlv

	jZa\blb_ fmaudZevg jZa\blb_	\uihegylv ijZ\beZ b]ju
	Nbabq_kdh_ jZa\blb_	-bkihevah\Zlv \ jZ[hl_ ih^]hlh\bl_ evg jZa\blb\Zoh\uo ieZ\guo ijm`bgguo ^\ jZaebqgu_ \b^u oehidh\
L_fu gZijZ\ e_gby ^_yl_ evghklb ©<_k_ggyy b]jZe		
III-V	KhpbZevgh dhffmgbdZlb\ jZa\blb_	<hkiblu\Zlv ^jm`_kdb_ \aZbfhhlg hr_g \h \j_fy b]jh\hc ^_yl_ evghklb
	lhagZ\ZI_ev jZa\blb_	AZdj_ieylv \ b]jh\hc ^_yl_ evghklb jbk -aZfdgmluc djm] -jZkdjuluc djm] ihemdjm] -djm] \ djm]_ -ebphf \ djm] kibghc ba djm]Z -djm] iZjZfb
	J_q_\h_ jZa\ jZa\blb_	Klbfmebjh\Zlv jZa\blb_ j_qb q_j_a ke ^b`_gby
	Om^h`_kl\ wkl_lbq_kd jZa\blb_ fmaudZevg jZa\blb_	JZa\b\Zlv \ b]jh\hc ^_yl_ evghklb iZfyly b ^_lkdh_ l\hj_q_kl\h
	Nbabq_kdh jZa\blb_	<h \j_fy b]jh\hc ^_yl_ evghklb i khj_gh\Zoh kdhj__" Dih emqr_\ kf_euc gZoh^qb\uc" Dih [he__ q_l bgh_ aZ^Zgb_" b l ^

KIZjrZy]jmiiZ

F_куп beb d\ZjZe	Интеграция образовательных областей	Основные задачи работы с детьми
L_fugZijZ\ e_gby ^_yl_ evghklb ©JZaghp_lgZy b]jZehqdZ ^a		
IX-X	KhpbZevg dhffmgbdZlb\ gh_ j	<hkiblu\Zlv m ^_l_c mf_gb_ hj ijhkljZgkl_ g_ f_rZy ^jm] ^j jZaebqgu_ i_j_kljh_gby \ b]j ieykdZo hljZ`Zy \ gbo oZjZ fmaudZevgh]h ijhba_^_gby
	lhagZ\ZI_evgh_ jZ	AZdj_yile lZgp_\Zevgu_ ^b`_gby ^_yl_ evghklb iha jZkdjulZy jmd ©K_qdZ ^a ©Dj_kl gZdj_kl ^a ^jm]m ^a

	J_q_\h_ jZa\blb_	JZa\b\Zlv mf_gb_ ^_l_c lZgp_\Z kh[kl_gguc kq_l b fmaudm
	Om^h`_kl_ggh wkl_lbq_kdh\bjZa fmaudZevgh_ jZa\	JZa\b\Zlv mf_gb_ ^_l_c i_j_ jZaebqgu_ b]jh\u_ i_jkhgZ`b \ajhkeh]h mqblu\Zy oZjZdl_j ijhba_^_gby
	Nbabq_kdh_ jZa\bl	K ihfhsvx lZgp_\Zevghc b]jh\h jZa\b\Zlv k\h[h^gmkmieZkhpbhgZ `b\hklv b dhhj^bgZpbx ^\b`_gbc
L_f\ugZijZ\e_gby ^_yl_evghklb ©<_k_eZy b]jZehqdZ ^a		
XI-XII	KhpbZevgh dhffmgbdZl jZa\blb_	JZa\b\Zlv mf_gb_ ^_l_c \ b]jh hjb_glbjh\Zlvky \ ijhkljZgkl_ ba h^gh djm]Z \ ^\Z \ ^bZ]hgZe h^gh]h \ jZagu_ klhjhg
	lhagZ\Zl_evgh_ jZ	AZdj_ieylv \ b]jh\hc ^_yl_evgh ^\b`_gby ihevdb rZ] ihevdb ih b \ iZj_ © djmlurdZ ^a
	J_q_\h_ jZa\blb_	:dlb\babjh\Zlv f_ehjm mhijb bkih lZgp_\Zevguo ^\b`_gbc
	Om^h`_kl_ggh wkl_lbq_kdh_ jZa\ fmaudZevgh_ jZa\	-jZa\b\Zlv l\hj_q_kdh_ \hh[jZ`_g ijhba\hevgh_ \gbfZgb_ mqblv ^\b`_gbyo k\h_ ihgbfZgb_ h[jZa
	Nbabq_kdh_ fZkl_j	<h \jyfb]j ke_^blv aZ hkZgdhc mdj_ie_gb_ furp b k\yahd
L_f\ugZijZ\e_gby ^_yl_evghklb ©Kg_`gZy b]jZehqdZ ^a		
I-II	KhpbZevgh dhffmgbdZlb\gh_ j	JZa\b\Zlv mf_gb_ ^_l_c i_j_^Z b]jh\u_ h[jZau gZoh^ysb_ky \ aZ\hflghr_gbb
	lhagZ\Zl_evgh_ jZ om^h`_kl_ggh wkl_lbq_kdh_ jZa\ fmaudZevgh_ jZa\	ljbh[sZlv ^_l_c d nhevdehjguf b]jZf b om^h`_kl_gguf ljZ^bpbpy
	Nbabq_kdh_ jZa\bl	-jZa\b\Zlv fur_qgu_ qm\kl\Z jZkkeZ[e_gpfbjm\Zlv q_ldhklv b ^\b`_gbc
L_f\ugZijZ\e_gby ^_yl_evghklb ©EmqbkIzy b]jZehqdZ ^a		
III-V	KhpbZevgh dhffmgbdZlb\gh_ j	Kha^Z\Zlv \ b]jh\hc ^_yl_evgh

	jZa\blb_	
	Nbabq_kdh_ jZa\blb_	Ih^]hIh\blv ^\b]Zd_Zeiv_gjZl d kp_gbq_kdbf keh`ghklyf
L_fu gZijZ\le_gby ^_yl_evghklb ©E_^ygZy b]jZehqdZ^a		
I-II	KhpbZe-dghfmgbdZlb\ jZa\blb_	JZa\b\Zlv mf_gb_ \b]j_ m ^_l \aZbfh^_ckl\h\Zlv \iZj_b \]jr ihgbfZlv ^jm] ^jm]Z \ijhp_kk_
	IhagZ\Zevgh_ jZa\blb	AZdj_ieylv \b]j_ lZgp_\Zevgu_ Jmkkdh]h lZgpZ ih^]hIh\blv d ijblhiu m^Zju ihemiZevpZfb m
	J_q_\h_ jZa\blb_	Bkihevah\Zlv \b]jh\hc ^_yl_evgh ih]h\hjdb \b]pehjmkkdh]h gZjh^
	Om^h`_kl\wgkhlbq_kd jZa\blb_ fmaudZevgh jZa\blb_	JZaebqZlv gZ kemo jZagu_ lZg b l^
	Nbabq_kdh_ jZa\blb_	-k ihfhsvx jmkkdh]h lZgpZ mdj lZah\h]h ihykZ [_^_j gh] b klh
L_fu gZijZ\le_gbyev_gyhlklb ©<uimkdgZy b]jZehqdZ^a		
III-V	KhpbZe-dghfmgbdZlb\ jZa\blb_	JZa\b\Zlv mf_gb_ ^\b`_gbx k i_
	IhagZ\Zl_evgh_ jZa\b	AZdj_ieylv \b]jZo ^\b`_gby lZ ©dZq_eb^a ©\Zevkh\Zy ^hjh`dZ^a balance ihdZqb\Zgb_ \kljZjhgw_ \jZs_gb_ ©a_a^hqdz^a
	J_q_\h_ jZa\blb_	JZa\b\Zlv mf_gb_ ijb^mfu\Zlv k lZgp_\Zevgu_ b]ju b h[tykgylv ^jm]bf ^_lyf
	Om^h`_kl\wgkhlbq_kd jZa\blb_ fmaudZevgh jZa\blb_	JZa\b\Zlv mf_gb_ dmevfbgZpbh ^\b`_gbc]j_b
	Nbabq_kdh_ jZa\blb_	Ijh^he`Zlv mdj_ieylv furpu lZah [_^_j gh] b klhi

DZjhl_dZ bjj bkihevam_fuo gZ aZgylbyo ©Nbabq_kdh_ jZa\blb.
©JblfbdZ^a

B]jZ ©>ey ^hrdheyl^a

Dhebq_kl\h b]jhdh\ e

>_lb ih\lhjyxl aZ mqbl_e_f keh\Z b ^_ckl\by \ f_^e_gghf kj_^g_ gZqbgZy]h\hjblv rzihlf ihlf \ihe]hehkZ b hq_gv]jhfdh ;hevr j_dhf_g^m_lky

<i_jz^ q_luj_ rZ]Z

GZaZ^ q_luj_ rZ]Z

Gh`dZfb ihlhiZ_f

JmqdZfb ihoehiZ_f

=eZadZfb fb]Z_f

: ihlf ihiju]Z_f

B]jZ ©lh\lhjb aZ fghc^a beb ©>_eZc dZd y^a

Dhebq_kl\h b]jhdh\ ex[h_

<k_ klZgh\ylky \ djm] _^msbc \ p_glj_ ih^ fmaudm ihdZau\Z_l ih\lhjyxl FmaudZ f_gy_lky <u^m]zbc \h^ms_]h fh`_l dZd mqbl_e kZfb ^_lb

B]jZ ©Jmq_zd^a

Dhebq_kl\h b]jhdh\ g_ f_gvr_ q_ eh_d

B]jhdb klZgh\ylky iZjZfb h^gZ ihaZ^b ^jm]hc bah[jZ`Zy \ukhdb_ fmaudm ijhoh^bl ih^ \hjhlZfb \u[bjZy k\l[kyZ]imj_a^bl\k_kdZ]h <g hklZ\rbcky [_a iZju klZgh\blky \h^ysbf <h^ysbo fh`_l [ulv g_kd

B]jZ ©AZ]ey^u\Zgb_^a

Dhebq_kl\h b]jhdh\ ex[h_

<k_ klhyl \ djm]m ih^ fmaudm lZgpm] : ^\h_ kb^yl gZ klmevyo bah[jZ`Zy lZgpm] gZ fmaudm hklZgZ\eb\Z_lky lZgphju ^he`gu ih\ beb \ijZ\h ?keb hgb ih_jgmlky \ h^gm klhjhg] lh mc^ml lZgp_ ijb^zl gh\Zy iZjZ ih \u[hjm mqbl_ey ?keb l_ qlh gZ klmevyo ih [m^rg]Zoh^blvky lZf ^h l_o ihj ihdZ bo ih\hjhl]heh\hc g_ kh\iZ^ jZaZ lZgphju gZ klmevyo g_ ihkfhlyl \ h^gm klhjhg] lh ih ijhk [m^ml hk\h[h^blv klmevy ^ey ^jm]hc iZju

B]jZ ©LZg_p gZ klme_^a

Dhebq_kl\h b]jhdh\ ex[h_

>_lb kb^yl gZ klmevyo dhlhju_ klhyl \ jy^ Mqbl_ev lh`_ kb^bl fmaudm ihdZau\Z_l ijhba\hevgu_ ^\b`_gby >_lb klZjZxlky mki_l Fmaudm hklZgZ\eb\Z_lky mqbl_ev ijb]eZgZim^g^ak\h^z^x^k^b^o dh]h Gh\uc \h^ysbc ihdZau\Z_l k\hb ^\b`_gby b \k_ aZ gbfi ih\lhjyxl hk\h[h^Z_l ^jm]hfm \h^ys_fm Fmaudm fh`_l [ulv jZaghc

B]jZ ©DIh i_j\uc"^a kh kdZdZedhc

Dhebq_kl\h b]jhdh\ ex[h_

>_lb kb^yl gZ klmevyo d]h^hju\h^klhyl^ysbo kb^yl gZ klmevyo i_j_ kibgZfb ^jm] d ^jm]m gZ jZkklhygbb b ih^ fmaudm lZgpmxl : gZ

kdZdZedZ lZd qlh[gZ]gm\rbkv \gba \h^ysbc kfh] ^hlygmlvky j
fmaudb \ulygmlv kdZdZedZ kFmxaudZ hklZgZ\eb\Z_lky b lhl d
\uly]b\Z_l kdZdZedm \k\hx kihjhgk hklZzlkY gZ f_kl_ \u[jZ\ k
fh`_l [ulv jZaghc b a\mqZlv g_ ^he]h

B]jZ ©?keb _k_eh `b\zlkY ^_eZc lZd^a

Dhebq_kl\h b]jhdh\ ex[h_

<_ ^msbhcZl b ihdZau\Z_l qlh gm`gh ^_eZlv Z b]jhdb ih\lhjyxl >
ex[u_

?keb _k_eh `b\zlkY (показывает движение).

?keb _k_eh `b\zlkY (показывает движение).

?keb _k_eh `b\zlkY imklv gZf khegp_ meu[gzlkY

?keb _k_eh `b\zlkY (показывает движение).

AZI_f \h^ysbc f_gy_lky <h^ysbfgh[m^v[ubl^ d]h_c

LZgp_\ZevgZy b]jZ ©<h^bf ohjh\h^u^a

Dhebq_kl\h b]jhdh\ hl q_eh_d

MqZklgbb \klZxl \ djm] Z _ ^msbc aZmZbl ohjh h b]j k HCGZrb
©Ohjhrb^a <hijhk ©: m khk_ ^Z" ^a Hl_l ©Emqr_ ^a DZ` ^uc mqZk
kijZ\Ze_Z b \k_ lZgpmxl ih djm]m ijb]h\Zjb\Zyl ©mublZGZmb_f h
mrb ohjhrb^a jZaZ B ^Ze_ _ ^msbcZgZau\Zl ^gjZ]bf_j
ehdhdb jmdb gh]b dhe_gb ehiZldb <_ ^msbf fh`_l [ulv ex[hc
mqZklgbb aZihfgyI ijZ\beZ b]ju

Второй вариант ©EZ\ZIZ^a

Dhebq_kl\h b]jhdh\ ex[h_

<_ ^msbcZ\Zcl_ jZamqbf keh\Z gZr_c i_kgb

>jm`gh fu lZgpZlZ

LZg_p gZr _k_euc EZ\ZIZ jZaZ ih\lhjblv

<_ ^msbcGZrb jmdb ohjhrb : m khk_ ^Z emqr_ ^a <k_ [_jmlky aZ

B l ^ dZ` ^uc jZa f_gyy iheh`_gb_ jmd ©=heh\Z ohjhrZ mrb
^

LZgp_\ZevgZy b]jZm©DZdlZgp_\Zlv^a

Dhebq_kl\h b]jhdh\ hl q_eh_d k _jz\dhc beb kdZdZedhc

MqZklgbb b]ju \ukljZb\Zxlky \ jy^ <dexqZ_lky fmaudZ ` _eZl_e
gZqbgZxl lZgp_\Zlv < wlh \j_fy ex[u_ ^\h_ gZly]b\Zxl _j_ldm b
AZZqZ b]jhdh]_rZ]b\Zlv dZ` ^uc jZa g_ aZ^ \Zy _j_ldb dhlhjmx
ih^gbfZxl \kz \ur_ b \ur_ Lhl mqZklgbd dhlhjuc ijh^_j`Zeky ^h
ih[_^bl_e_f

LZgp_\ZevgZy b]jZ ©LZg_p \klj_q b jZkkIZ\Zgbc^a

Dhebq_kl\h b]jhdh\ ex[h_

<h \j_fy hq_j_ ^gh]h ^bgZfbqgh]h lZgpZ dhlhjuc ^_lb dZd ijZ\b
dj]m _ ^msbc ij_ ^eZ]Z_l \u[jZlv khebkIZ b khebkldm DZd lhe
\k_h[s_]h \gbfZgby _ ^msbc ihykgl qlh wIZ iZjZ [m^ ^h d]Zgp_\Z
DZd lhev dh fmaudZ ij_j\zlkY Z hgZ h[yaZl_evg h ih[jvllkfy k_dmg
ihaZ[h]blky ^b^`_c iZjlgzj ih^ [mjgu_ Zieh^bkf_glu lZgpmxsbo
iZjlgzjr_c b ijb]eZkbl \ djm] \f_klh k_[y ^jm]h]h khebkIZ` Fmaud
aZZieh^bjmxl]eZ\ghc iZj_ \ h[gh\ e_lgghfZkZkZaZ` GgZ wihl jZa

ih^ Zieh^bkf_glu kh[jZ\rboky ih[eZ]h^Zjbl aZ lZg_p iZjlgzjZ Z \ ^jm]mx khebkldm LZd \ khebjmxs_c iZj_ f_gyxlkyjirZ h^_j_^b iZ khojZgy_lky bgljb]Z dih ` _ [m^_l ke_^mxsbf"

LZgp_\ZevgZy b]jZ ©lZjlgzju b iZjlgzjrb^
Dhebq_kl\h b]jhdh\ ^_\hq_d b fZevqbdh\
FZevqbdb klZgh\ylky \ djm] fh`gh qlh[u g_ ih^]ey^u\Zeb kibg <dexqZ_lky fmaudZ bgZ_\lhdZfpZl\lv [_]Zlv ih djm]m \hdjm] iZ iZjlgzjZ d iZjlgzjm DZd lhev dh fmaudZ aZdZgqb\Z_lky dZ`^Zy iZjlgzjh f LZ dhfm iZjlgzjZ g_ o\Zlbeh \u[u\Z_l b aZ[bjZ_l k kh

Второй вариант: iZjbgzjrb klhyl Z iZjlgzju \hdjm] gbo lZgpmxl

Третий вариант: ©FmaudZevgu_ klmevy^a Klmev_ \ ^he`gh [ulv gZ h^b mqZklgbdh\ ljZ\beZ b]ju l_ ` _

B]jZ ©FmaudZevgu_ ije^yfulu^Zju ih^Zjdb b]jmrdb
Dhebq_kl\h b]jhdh\ ex[h_

Dhebq_kj\lf_lh\ ^he`gh [ulv gZ h^bg f_gvr_ q_f b]jhdh\
<ZjbZgl b]ju i_j_^Zxl ih^ fmaudm rZjdbb Z bo gZ h^bg f_gvr_ hklZgZ\eb\Z_lky b \uoh^bl lhl m dh]h g_l rZjbdZ ?keb rZjbd e ba b]ju Beb \f_kb]jhZjh^_j_^Zxl b gZ^_\Zxl gZ k_[y reyu ljbq_ kgbfZlv k ^jm]h]h b]jhdZ reyim Z g_ `^Zlv ihdZ __ i_j_^Z^ml \uoh^bl lhl b]jhd m dhlhjh]h g_ [m^_l \ jmdZo ij_^f_lZ

Второй вариант: i_j_^Z\Zlv h^bg ij_^f_ly BklZgh\db fmaudb \uoh^bl lhdhlhjh]h \ jmdZo [m^_l hklZ\Zlvky ij_^f_l Dih ihke_^gbf hklZg_ ih[_^bl_e_f

Третий вариант: _keb b]jZlv k ih^Zjdhf lh_]h aZ[_j_l lhl m dh]h wlh hdhgqZgbZ_magh]h hlju\dZ LZd fh`gh bgl_j_kgh jZa^Zlv ih^Zjdb

LZgp_\ZevgZy b]jZ ©ZfZf
Dhebq_kl\h b]jhdh\ ex[h_

B]jhdh klZgh\ylky \ djm] b ih^ jmdh\h^kl\hf mqbl_ey jZamqb\Zxl aZfaZf ZjZfaZf^ ^_eZ_f oehidZ khil\h_b]jhdZgZ njZame]l]ebe]me]meb^a ^_eZ_fi]e]e]Zs_gb_kh]gmlufb i_j_^ kh[hc jmdZfb ih iZevpu kh[jZgu \dmeZqdb aZgZfrjZalmj]iZfi_j\h_^b`_gb_ i_j\h \lhjh_^_ckl\by _sz jZa khjklv\Zzb_ifth]njZaZnjZnb]deZ_f gZc dhjimkZ \i_jz^ kh kdj_s_ggufb gZ]jm^b jmdZfb

^\Z jZaZ ihlf ih\lhjy_f ^_ckl\by]me]me]Zalm]ZfaZfaZf^a <umqb\keh\Z b ^\b`_gby lZgpm_f ih^ fmaudmm gZ ifZjkl_gZ\j]l]Zy ^jm] ^jm]Z

LZgp_\ZevgZy b]jZ ©ljZa^gbqguc ih_a^a
Dhebq_kl\h b]jhdh\ ex[h_

>_lb klZgh\ylky ^jm] aZ ^jm]hf ^_j`Zkv aZ jmdb aZ [zAjZ khk_/\h^ysbc A\mqbl fmaudZ \k_gZqbgZxl ^\b]ZlvZy gabZ \hbysc]byih\ dh]ju_ hg ^_eZ_l ijhb\hevgh ^h[Z\eyy njZau ©E_\h jmey ih ih_jgmlv gZijZ\h =hju ih^gylvky gZ ghkhqdb Lhgg_ev ijb l_j_^gbc oh^ >\b]Zlvky \i_jz^ AZ^gabZ^oh^klZgh]ZlZ^ky gZgy_lk \h^ysbc

Второй вариант «Танцевальная змейка»: \h^ysbc gZ oh^m ijb^mfu\Z_l ^\b`_gby
hklZevgu_ aZ gbf ih\lhjyxl Dh]^Z fmaudZ ij_j\zlk y q_j_a k_c
af_cdb Z gh\uf \h^ysbf klZgh\lky`g_lhk

B]jZ ©LZgp_\ZevgZy nb]mjZ aZfjb^a

Dhebq_kl\h b]jhdh\ ex[h_
<_^msbc klhbl kibghc d b]jhdZf b ijhbaghkbl keh\Z
<_k_eh oehjZa f

A^hjh\h iju]Z\Z
Djm`bfky djm]l]bky
LZgp_\ZevgZy nb]mjZ aZfjb

B]jhdb \ wlh \j_fy oehjZa f \ iju]Zxl djm`Zlky Z aZl_f aZfbjZxl g
lZgp_\Zevghc iha_ <_^msbc ih\hjZqb\Z_lky b \u[bjZ_l gZ k\hz f
nb]mjZ _fm ihg]Z\beZkv

Второй вариант: \f_klh keh\ _^ms_]h a\m^qbb fZgp]m]Zl FmaudZ ij_ju\Z
_^msbc \u[bjZ_l gh\h]h _^ms_]h

©B]jh\hc fh^guc jhd^a

Dhebq_kl\h b]jhdh\ g_ f_gvr_ q_eh_d

B]jhdb klZgh\ylky iZjZfb \ djm]m ebphf ^jm] d ^jm]m <_^msbc a
dhlhju_ gZ^h [m^_l \uihegylv ih^ fmaudm -ljb_khZ ggZu_g_r]Z]b Wi gZ]Z
m^Zjhf gZ ©^a aZl_f rZ]Z gZaZ^ k m^Zjhf gZ ©^a b oehidhf \
gh \ha\jZsZykv g_ \ k\hx iZjm +Zl kgh\shZmk vZj]eg^jhm iZjlgzjr_ AZ
^\b`_gby \uihegyxlky \ fmaudm

B]jZ ©<klZgj]m] \h ^a

Dhebq_kl\h b]jhdh\ g_ f_gvr_ q_eh_d

A\mqbl fmaudZ ^_lb lZgpmxl ijhba\hevgh klhy \ h[s_f djm]m l
hklZgh\d_ fmaudb b]jhdb ^he`gu i_j_kljhbky \ djm] ba lh]h dhe
gZah\zl \h^ysbc gpk]g]Z lZgh m`_ \ gh\hf khklZ\

B]jZ ©AZij_szggh_ ^\b`_gb_^a

Dhebq_kl\h b]jhdh\ ex[h_

>_lb \klZxl \ djm] lZgp_\Zlv Mqbl_ev khh[sZ_l qlh [m^_l ihdZa
fmaudm ^\b`_gby dhlhju_ j_[ylZ ^he`gu [m^ml +Zl]ij]g gh gh bh^g
]h ih\lhjylv g gm`gh <uc^_l ba djm]Z lhl dlh ih\lhjbl aZij_sz
\h^blv m`_ fh`g]b]m]v ba ^_l_c ijb^mfu\Zy kZfhklhyl_evgh aZij_

B]jZ ©;hevrZy ijh]medZ^a

Dhebq_kl\h b]jhdh\ g_ f_gvr_ q_eh_d

B]jhdb klZgh\ylky iZjZfb ih djm]m <_^msbc aZjZg__ ihdZau\Z_l ^
[m^_l \uihegylv ih^ fmaudm ^_lb ^_j`Z ^jm] ^jm]Z aZ j]m^db b^
ih\hjZqb\Zxlky ^jm] d ^jm]m aZl_f gZ kqz]Z jZkoh^Z akZy boehiZ
koh^ylky kf_sZy +ZlviZ]g]g]m k^am AZl_f ^\b`_gby \uihegyxlky \ f

LZgp_\ZevgZy b]jZ-©Z]Zf

Dhebq_kl\h b]jhdh\ ex[h_

B]jhdb klZgh\ylky \ djm] b ih^ jmdh\h^kl\hf mqbl_ey jZamqb\Zxl
aZaZf ZjZaZf^a ^_eZ_f oehidZ ih dhe_gdZf k ih\l]m]medZ njZa
]me]meb^a ^_eZ_fi]e]e]Zs_gb_ kh]gmlufb i_j_^ kh[hc jmdZfb ih

iZevpu kh[jZgu \ dmeZqdb aZgZ frjZalmj@jZfi_j\h_ ^\b`_gb_ i_j\h
\lh_ ^_ckl\by _sz jZa kh keh\Zfb ih\lhjblv - zZZnfb gZ ^njZamf @Zp
dhjimkZ \i_jz^ kh kdj_s_ggufb gZ jjm^b jmdZfb
^\Z jZaZ ihlhf ih\lhjy_f ^_ckl\byjmeZme]Zalm@ZfmaZfaZfa
<umqb\ keh\Z b ^\b`_gb^y fnZagudm_fgiZ f_kl_ ^\b]Zykv ih djm]m
^jm] ^jm]Z

©Dhl b furb^a

l_j_^ b]jhc b^_l keh_kgZy aZkIZ\dZ @be klZjuc \ h^ghf²hf_
\ZjbZgl aZ\bkbbl hl nZglZabb dhl dhlhju ex[be ihkiZlv : \ ih^\
furdb dhlhju_ ex[beb b]jZlv b [_]Zlv Gh dhl g_ ex[be rmfZ b \h
hq_j_^b ih^ fmaudm lZgpmxl lh dhl lh furb \ aZ\bkbfbhklb hl a\
Dh]^Z dhl kibl lh furdb \uoh^yl \h ^\hj b ij_\jZsZxlkyub jZaguo
ilbqdb \h ^\hj_ aZcdb \ e_km [Z[hqdb b \hedb B]jZ g_ bf__l il
aZ\bkbfbhklb hl gZkljh_gby ^_l_c fu fh`_f klZlv djZkb\ufb [Z[hqd
aZklZ\blv _]h lZgp_\Zlv k kh[hc Z fh`_f ij_\jZlblvky aZhbkbZl blg
lh]h kp_gZjby dhlhju [m^_l _klb i_^Z]h] WIZ b]jZ m gZk ^ey j
Zdl_jkdhc b]ju Dhlhf fh`_l \uklmiZlv b j_[_ghd

©EZklhqdb \hj[h[vb b i_lmob^a

>_lb klhyl ih djm]m beb k\h[h^gh ih aZem DZ`^yffm du]jZam khh
EZklhqdb @e_lZxl^a [ukljh [_]Zxl gZ ghkhqdZo b fZrml djuevyfb
<hjh[vbkb^yl gZ dhjlhqdzO dexxi a_jgurdb iju]Zxl ih aZem
l_lm^b\Z`gh ijhoZ`b\Zxlky ih aZem djuevy aZ kibghc
>ey gZqZeZ ke_^m_l jZah[jZlv k ^_lvfbhhdZ Zlv b lZgZgbfma b dZ
h[jZam khh\l_kl\m_l B lhev dh lh]^Z fh`gh gZqbgZlv b]jm

©lh^kg_`gbd jZkp_lZ_l^a

JZkkdZ`bl_ ©lh^ dZ`^uf km]jh[hf ijq_lky fZe_gvdbc _k_ggbc
lj_^eh`bl_ j_[_gdm \klZlv gZ k\h[h^ghZ dhklhqdbijbk_klv @ijyq_l
kg_]hf^a Z aZl_f ihdZaZlv ^\b`_gbyfb dZd hg @\ujZklZ_l jZkiy
ebklhqdzfb d khegpm^a dZd @dZqZ_lky gZ _ljm^a AZl_f imklv j_
k \Zfb \uihegbl \ujZabl @byuhk^ab^h\Zl_evgh [_a fmaudb
AZl_f wlx^ bkihegy_lky k fmaudhc l B QZcdh\kdbc P b de @<j_
qZklv
Fh`gh mkljhblv g_[hevrhc dhgp_jl bkihegyy wlx^ k fmaudhc ih
Zjlbkl Z \ujbl_ev lh gZh[hjhl

©P_lhqdb^a

AbfZ Jhklhq_d kb^bl \ a_fe_ b `^_l dh]^Z ijb^_l _kgZ B \hl h
ijh[b\Z_lky ba a_feb \ujZklZ_l kl_[_ev ihlhf ih h^ghfm ihy\eyx
>Zevr_ p_lhq_d jZkimkdZ_lky P_l_l bgh]^Z ^lmylh\l]jhd b hg
^mgh_gby Z bgh]^Z ijyfh djm`bky hl jZ^hklb Gh \hl b hk_gv
\ha\jZsZ_lky \ a_fex qlh[u kgh\Z ijhZklb _kghc

©`mqhZmqhd^a

>_lb klhyl ih djm]m \ay\rbkv aZ jmdb < p_glj_ djm]Z kb\Zfb`m
@mqhZmqhd lhg_gvdb_ gh`db djZkgu_ kZih`db
Fu l_[y dhjfbef fu l_[y ihbeb
GZ gh]b ihklZ\beb ih^oh^yl \ p_glj ih^gbfZxl `mqdZ lZgp_\Zlv a
LZgpmc dZd fh`_rv \u[bjZc dh]h aZohq_rv
`mqhd hl_qZ_l

Y ex[ex dhg_qgh \k_o gh y g_Za g\Z_lbbfu\h^bl \ p_glj AZl_f ih^ f
lZgpmxl Z \k_hklZevgu_ oehiZxl \ eZ^hrdb
AZl_f \ p_glj_hklZ_lky lhl dh]h \u[jZeb b ijh^he`Z_f ^Zevr_

©fZ]Zabg b]jmr_d^a

H^bg j[_2g hhdmiZI_ev hklZevgu_ kZfb ijb^mfu\Zxl dZgZc b]jmr
\klmie_gb_ hgb aZfbjZxl ihdmiZI_ev h[oh^bl dZ`^mx b]jmr dm b
h`b\Z_l b gZqbgZ_l ^\b]Zlvky \ dhgp_ ihdmiZI_ev ihdmiZ_l ihgj
dhlhjZy ihlhf klZgh\blky ihdmiZI_e_f FmaudZevgh_ khkjh`h`^_g
<hl m`]^_ fh`gh m[_^blvky qlh ^_lkdZy nZglZaby [_a]jZgbqgZ
ijb^mfu\Zxl lZdb_ h[jZau b ^\b`_gby qlh y g_ i_j_klZx ^h kbo ih
B]jZ ©-llZd^a
P_ev jblfbq_kdbc kemo ih ijhlb\ ebgbb lZgpZ
MqZklgdb b]ju\ \kjlZxl ih kqblZed_ \u[bjZxl dhrdm b furdm FurdZ
p_glj_ djm]Z Z dhrdZ \uoh^bl ba djm]Z ^_lb \ djm]m ^_j`Zlky a
DhrdZ -Lmd
>_lb DIh lZf"
DhrdZ Wlh y DhrdZ
>_lb Qlh l[_ gm`gh"
DhrdZ Furdm ih\b^Zlv
>_lb <h kdhev dh qZkh\
DhrdZ < hl ^h qZkh\
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 q_eh_dZ \^e_b]h]blv b i_j_^Zlv ke_^mxs_fm ^\b`_gby i_j\h]h ?
 ih^gbfZ_l jmdm lh b \lhjhc ^he`_g ih^gylv jmdm i_j_±^Z\Zy ^\b`
 kZfh]h ihke_q^g_e]h_dZ \ ebgbb < blh]_ ^he`_g ihemqblvky gZklh
 ^\b`_gbc

AZI_f fh`gh [m^_l gZqZlv i_j_^Z\Zlv ^\b`_gby k rZ]Zfb b i_j_^\
lhke_ g_kdhevdb o aZ^Zgguo ^\b`_gbc i_j_\uc q_eh_d f_gy_lky
^msbf k\Zlky ke^mxsbc aZ gbf

©llbpZ \ de_ld_a

<k_^_lb [_jmlky aZ jmdb b @djeZalmlb Dmfbg hklZ_lky \ p_glj_ H
klZgh\blky llbp_c ihiz\r_c \ de_ldm ?fm gm`gh klZgp_\Zlv k\h
\uimklbeZ Djm] ^_l_c]fth\Zllvihl^up_ ih^gbfZy b himkdZy jmdb h
\uoh^ AZ^ZqZgdeihfbrZlv llbp_ \uj\Zlvky Z gZh[hjhl ihfhqv G
[ulv ^hklhbg K\h[h^u

© Fyqld\b^bfdZ^a

>_lb klZgh\ylky gZ jZkklhygbb ^jm] gZijhBljZ^prZZe bceZ_ikyd\mlhfr
\k_ i_j_[jZku\Zxlky beb i_j_^Zxl ^jm] ^jm]m g_kms_kl\mxsbc fyq
ihqm\kl\h\Zlv wlhl fyqbd \ jmdZo Hg g_^he`_g [ulv fZe_gvdbf l
e_]dbf beb ly`_euf Fh`gh ij_^eh`blvfbgmyfu \ljqlvgbZ^hgv h[eZ^
aZl_f f_^e_ggh jZa_klb^bbagklZjhlgqm\kl\h k\yab f`^m eZ^hgyf
gm`gh jZkrbjblv ^h jZaf_jh\ b nhjfu fyqbdZ

Dh]^Z wlhl wLzi [m^_l ijhc^_g fh`gh ihijh[h\Zlv nhjfbjh\Zlv qm
i_j_Z\Zlv ^jm]b_ ij^2^fm\ubg ih^ghk ldZgv p_lu« Bo fh`gh i_j_
dZd-bfb[m^v lZgp_\Zevguf ^\b`_gb_f

© A_jdZeh^a

>_ldb jZa[b\Zxlky gZ izju b kZ^ylky ^jm] gZijhbl\ ^jm]Z H^bg b
gZqbgZ_l aZ^Z\Zlv ^\b`_gby aZ^Zxs_]h Hg ^he`_g gZklhevdb hlj_rblvky hl k_[y b i
hljZ`_gb_f qlh[u kh klhjhg u g_evadlfuaZ^jZale^db\vgby Z dlh b
ih\lhjy_l AZl_f ^_lb feyfxlky jh

©Dlh lZdhc y" a

<_^msbc b]jm ij_^Zjbl_evgh]hlh\bl ^ey \k_o jy^ dZjlhq_d k ijh
ijbf_jm kdZadZ fhj_ \hed ;Z[Z Y]Z dgb]Z a_a^hqdz ebkZ
>_lb kZ^ylky ih djm]m <_^lmsbc gZoldZhfmdl[mu lZ]d]b_ g_ fh]eb
ih^kfhlj_lv J_[_ghd \uoh^bl \ dkrhZgp?]hZlv aZ^Zgguc _fm h[jZa
^_lyf qlh ^ey wlh]h gmb^vhgkbie_vjghhiehblvky \ k\hc h[jZa b lZgp
©bagmljb^a ;_kihe_agh ihdZau\Zlv yjrb^ZfbZjlyZnm dh^beZ gm`
k\h_c ieZklbdhc b hkZgdhc fbfb^dhd b r\kl\ngbly frbe_gv b djhdh^b
\k_kfh]ml m]Z^Zlv dlh \u

>Z\ j_[_gdm fbgmlm beb ^_ ^ey lZgpZ ^jm]b_ ^d_lfb hf]]ml e g DqZ^
h[jZ [m^_l m]Z^Zg i_j_\uc q_eh_d mklmiZ_l f_klh ke_^mxs_fm i

©JZkimlZlv _j_\hqdm^a

Wlh ^h\hevgh _k_eZy b]jZ lZd qlh ijb]hlh\vl_kv d rmfm b kf_or
g_[hevrbf dhebq_kl\hf q_eh_d beb g_kdhevdbfb dhfZg^Zfb
>_lb klZgh\ylky \[_djmlky aZ jmdb b gZqbgZxl aZimlu\Zlvky Hgb
i_j_klmiZlv gh]Zfb q_j_a jmdb b gh]b ^jm] ^jm]Z ijbkZ`b\Zlvky
^jm]Z gZ jmdb b lZd ^Ze__ <j_amevlZl_ ihemqZ_lky kh_jr_gg
<_^msbc \dexqZ_l fmaudm b aZ^Z_l mqZklgbdZf kdhjhklv beb l_fi
]h\hjbl ©L_i_jv <u ^he`_gu jZkimlZlvky kh kdhjhklvx fhjkdhc \he
dZdlmk^a AZ^ZqZgpmlycb ba[_]Zy ©g_]Zjfhgbqguo^a \uiZ^Zxsbo b
^\b`_gbc jZkimlZlv k\hx _j_\hqdm

©LZ^abpmZpby^a

<_^msbc b]ju]hlh\bl dZjlhqdb k kblmZpbyfb dhlhju_ gm`gh [m^
jZa[b\Zxlky gZ dhfZgy^lw iq_ehZ_d b ihemqZxl k\hx dZjlhqdm lhk
fmaudZ b dhfZgy^Zj^Zy gZ ih^]hlh\dm ^AZ^ZqZ_e_bllvcjheb ih^]hl
b ihdZaZlv i_j_^ \k_bflm Zpgo_xp keh\gh fZe_gvdmx kp_gdm

Ajbl_eb kfhljyl m dh]h qlh ihemqbehkv Z aZI_f ijh[mxl m]Z^Zlv
bo fg_gbx jZau]ju\Zehkv
DZlhqdb ^ey ijb_fjZ @jbpZ jZa\h^bl h]hgv \ OjZf_ >_\mrdZ kh[
lml_r_kl\ggb d \a[bjZ_lky gZ]hjm lh`Zj b l ^

©LZg_p H]gy^a

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lZg_p DhkljZgb\bf`h]ml [ulv m dZ`^h]h k\hb beb bo fh`_l @aZ^Zlv
emqr_ \k_dZ^uc ba lZgpmxsbo ih hq_↑\Zpb lVehgZy ih^]h]h\ dZ d
ihke_ q_]h ^_lyf fh`gh ij_^eh`blv __ mkeh`gbiv
<_kv djm] klZgh\blky ijhklh lml_rh]k\ \g^ubZfbl mlhD hkljZ ^bdZjy
ibjZlZfb b lhev dh h^bg ba lZgpmxsbo hklZ_lky \ p_glj_ b lZgp
i_j_^b]Zlvky \h \k_ klhjhgu ih^h[gh yaudZf ieZf_gb lml_r_kl\g
Dhkl_j g_ h[_] bo ljb wlhf \b\hgh]m]kD^k\$ jZ ^he`gu hklZ\Zlvk
kbgoghggufb

^a LZg_p [a fmaudb^a

<k_ klZgh\ylky ih djm]m h^bg q_eh_d \uoh^bl \ p_glj >_lb ^he
kha^Zlv ^ey b]jZxs_]h Zlfhkn_jm↑Zg^Z iG Z j b f e p ihju\ _ljZ D
fh`_l hij^_e_gghf jblf_ oehiZlv s_edZlv lhiZlv ^mlv gZi_Zlv
ih^iju]b\Zlv b l ^

AZ^ZqZ lh]h dlh hklZebm\kbljm]rhv b i_j_^Zlv \ lZgp_ lh khklhyg
dhlhjh_ _fm aZ^Zxl

?klv _s_ h^bg \ZjbZgl lhc ^_lkbZfbpbZjklldh]hgh]h b aZI_f
ijb^mfu\Zxl ^ey g_]h Khg kdZahqgu_ h[klhy l_evkl\Z \ dhlhjuo
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b]jZxs_ k\hbf lZgp_f [_a ih^]h]h\dbgZj_lZ]h]kNzy l_evkl\Z \ dhlhjuo
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qlh[u Zlfhkn_jZ KgZ [ueZ @ih^o\Zq_gZ^a b i_j_^ZgZ _jgh

©KdZadZ h Jh^gbqd^a

DZ`^hfm j_[_gdm \u^Z_lky dZjlhqdZ_kc k h emxsbo^gh]khgZ`_c kdZa
lZd`_ \j_fy gZ ih^]h]h\dm k\h_]h lZgpZ lhke_ wlh]h \k_ ^_lb kZ
^jm]Zy klZgh\blky aZehf <_ ^msbc b]jm gZqbgZ_l qblZlv kdZadn
jheb ihy\ey_lky \ ^_ckl\bhf lZebmfZ]jZg h[sZy kdZadZ \ lZgpZo
ljb_fj kdZadb

©D-Zd jZgh mljhf \ureh KHEGURDH b hk_lbeh IMKLUGX <- wlhc
fgh]h P<?LH< D:DLMKH< B l:E-V]EeZ Zf;HCEZ: ?c [ueh hq_gv `Z
\k_ \j_fy ohl_ehkv iblv Lh]^ZeZk[hqZ ZihbikZbb\h^u < wlh \j_fy i
e_l_eZ LMQD: B [Z[hqdZ ihijhkbeZ __ qlh[u ihr_e ^h^bd Lmq
fgh]h D:l?E?D ihe_l_eh gZ a_fex«

Gh \^jm] ih^me <?L?J Hg k^me ^h^bd ^Zevr_ b [Z[hqdZ g_ kfh
ihdZaZeZkV A Z phqdZ kijh?kbenZ_e_l_lv b af_y mdZaZeZ _c imlv
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fheh^_gvdbc JMQ??D

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DZjlhqdb Khegurdh lmlklugyk RZ_ehfZ DZfhmdZ LmqdZ g_kdhe
<_l_j Af_y >_j_\h Dmklbd Jmq__d

G_ [hcl_kv ijb^mfu\Zlv lZdb_ kdZadb kZfb

©LZg_ppgdZ^a

<k_ b]jZxsb_ ^_eylky gZ iZju ihke_ q_]h dZ`^hc iZj_ \u^Z_lky
dZ`^h]h ba gbo >_l_e_y Zkijheb b ijb^mfu\Zxl fZelZgg_dmx]k_p_bgd m
i_jkhgZ`b \klj_qZxlky b jZau]ju kZxl l dZlhke_ wlh]h ih^]h]h\ e_ggu
ihdZau\Zxlky i_j_^ \k_fb

DZjIhqdb Q_eh_d b >jZdhg LZjZdZgu JZ^hklguc kehg b [Z[hq
b]jZxlky Kijml b ju[dZ lbg]\bg b qZcdZ lZmqhd b obsguc p_lh
jZklhq_d S_ghd b hiulguc i_k E_[_^b EZgv b k\bgdZ l_lmo b
EhrZ^v b h\pZ

©LZgh^pkljhc dZ^a

<k_ ^_lb kZ^ylky ih djm]m h^bg_gj\ph?fn \w0Z^bky\ pZjIhq dZ k jI
J_[_ghd ^he`_g gZkljhbvlky gZ k\hc h[jZa b ijhlZgp_\Zlv _]h \l
^hevr_ AZI_f wlm jhev hg ©i_j_^Z_l^a ^jm]hfm b]jhdm kb^ysbc
djml b k\hbf lZgp_f ©ih^kljZb^mZ_lRk^ed ii_j]\hc [ue \h^hc lh \lhjh
wlh ihqm\kl\h\Zlv b lh`_ klZgp_\Zlv \h^m-gb\k^b vi_j\hclgufe dZ dbf
\lhjhc ^he`_g klZlv `b\hlguf Q_j_a g_dhlhjh_ \j_fy i_j\uc q_eh
f_klh \ djm]m Z \lhjhcl\Zgp^hjm\k\lZ_lky gh\h_ aZ^Zgb_ dhlhjh_
lZgp_\Zlv i_j_^Z\Zy k\hx jhev ^Zevr_

©<her [gZy kljZgZ^a

Ba qbkeZ b]jZxsbo \u[bjZehkydZ dhlhju_ kdju\Zxhkyb agZ ^h_é\vgu
\b^_lv gZqZeh lZgpZ HklZevgu_ db[bjZgZqZsgZxl lZgp_\Zlv
bfijh\babjh\Zgguc lZg_plhfh^maZdmx-4hdZdfhgl bf dhfZg^mxl ©aZfj
>_lb aZklu\Zxl \l_o ihaZo \ dZdbo bo aZklZeZ dhfZg^Z Fmaud
fh`gh ihklZ\blv f_^e_ggm x b gZh[hjh] djb]eZrZkkaZl^_jvx Hg
^he`gu aZgylv f_klZ lZgp_\Z\rbo klZlv \ bo ihau b ^hlZgp_\Zlv
dZd hgb wlh \b^yl b qm\kl\mxl

©KdZahqgu]_jhb^a

Wlm b]jm fh`gh b]jZlv ^Z`_ k kZfufb fZe_gvdbfb ^_lvfb eHgb jZa
q_]h dZ`^uc j_[_ghd `j_[b_f \uly]b\Z_l ^ey k_[y-4hZjbaqdkngk]bhf_g
kdZahqgh]h i_jkhgZ`Z±hZ^ZlZbilZjub aZl_f klZgp_\Zlv i_j_^ \k_f
\klj_qb wlbo]_jh_\ ^Z`_ _keb hgb ba jZaguo kdZahd
DZjIhqdb ^ey ijb_f_jZ rZjZkqZ k_juc \hed hohlgbd AhemrdZ Eb
=ghf Dhs_c ;_kkf_jlguc Furhghd PZj_\gZ Ey]mrdZ >xcfh\hqdz
Dheh[hd G_agZcdZ JhfZrdZ ?e_gZ lj_djZkgZy Qbiheebgh Fm
iZmqhd FZm]eb lZgl_jZ ;ZjZbg^bkFZev\b gZ lv_jh im^_ev :jl
;ZjZ[Zk -l0ZjZ D-hgh]mghd <bggb lmo lylZqhd
>ey ^_l_c ihklZjr_ ij_^eh`_ggu_ i_jkhgZ`b ^he`gu [ulv bgl_j_kg
ljb_f_jgu_ dZjIhqdb Dmdhjyf[hqdZ <her_[g;Zdfj_kkZy d> njZdbey^p
FZgy lZbgkl_ggu_ [h`_kl\Z :njbdb :abb Bg^bb b l ^

©LZgpmxsZy dbklhq dZ^a

>_ldZf \u^Zxlky djZkdb [mfZ]Z b dbklb klZ\blky fmaudZ AZI_f
gZjBkh\Zlv jbkmgd lZd keh\gh dbklhq dZ lZgggud bZg[mfZ]fb k\h
p_lZfb dhlhju_ ^bdm_l fmaudZ Dh]^Z jbkmgdb [m^ml]hlh\l
bo \k_f \f_kl_ Z aZl_f ih hq_j_^b \ucb b klZgp_\Zlv lhl lZg_p

©LZg_p Hd_ZgZ^a

<k_ ^_lb jZa[b\Zxlky gZ ljb_rdh\kZghg FZmguf dhebq_kl\hf ex^_c
i_j\hc dhfZg^_ ^he`gh [ulv [hevr_ \k_ hq^kx^fcgvh_lh]hcg_lv_c
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lhke_ ih^]hlh\db djm]b ihdZau\Zxl dZ`^uc kkh[hcjZZbkyp h^b gZl^fm]
qlh[u ihemqbeky h[sbc Hd_Zg ba lj_o \eh`_gguo djm]h\ DZ`^Zy
lZgpm_l k\hx qZklv

B]jZ @u-hhiu^a

P_e_vZa\b\Zlv mf_gb_ keurZlv h^gh\j_f_ggh g_kdhev dh jblfbq_kc
Oh^ b]GZeh`_gb_ g_kdhevdb o ijhkluo jblfh\ ^jm] gZ ^jm]Z >_l_
DZ`^Zy ba ih^]h^maighkyl k\hc l_dkl

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]jmiiZ-iu hhiu +hu-lhiu +hu-lhiu +hu-lhiu

B]jZ ©Bf_gZ^a

P_ev JZa\b\Zlv mf_gb_ keurZlv h^gh\j_f_ggh g_kdhev dh jblfbq_
Oh^ b]ju <k_ ^_lb h^gh\j_f_ggh h\hb bf_gZ b ijhoehiu\Zxl dZ`^uc
lh ZgZeb]fh`gh ijh]h\Zjb\Zlv b njmdlu h\hsb b l^ qlh ihfh]Z_l
deZkkbnbdZpbx

B]jZ ©FmaudZevgu_ bgkljmf_glu^a

P_ev jZa\b\Zlv\mh^jZ`cgb_ jblfbq_kdbc kemo
Oh^ b]Nhg_fu ^hiheg_ggu_ ^\b`_gb_f beb ©ieiZ_kj bbeoZ`^udZfx l'kyklh
^_lvfb gZ \hh[jZ`Z_fu_ fmaudZevgu_ bgkljmf_glu
;ZjZ[Z_gm-f[mf±m^Zju ih dhe_gdZf
LZj_eh ebb]blbjbkdhevaysb_ oehidb ©lZj_edb^a
Dkbehnhg]ebklZg]Zc]hjbahglZevgh_ jblfbqgh_ ^\b`_gcb_hp mdb
| ^
Wlh ihZh]l ijb\e_qv \gbfZgb_ ^_l_c b k^_eZlv aZ^Zgb_ _sz bgl_j
ieZklbq_kdh]k`^_klZb`gh ^_epZlv_eu_ dhfihabpbb ha\mqb\Zgb_ lZc
p_euo kdZahd

©B]jZ k bgkljmf_glZfb^a

P_ev JZa\b\Zlv jblfbq_kdbcb kemo b \gbfZg
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bgkljmf_gl dh]hjuc hg \u[jZe kZf >_lb kZ^ylky lZd qlh[u bgklj
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jZ^hf m^Zjy_l ih k\h_fm bgkljmf_glm ^Ze__lj_lbc q_l\zjluc b l
^he`_g ijha\mqZlv h^bg]Zak\dh]gZ b z fh`gh mkeh`gblv B]jZlv k
]eZaZfb

B]jZ Jblfbq_kdh_ woh^a

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Oh^ bu]j_l\hgZqZevgh ^_lb \hkijhba\h^yl aZ i_^Z]h]hf dhjhldb_ j
f_^e_gghf l_fi_]eZ\gh_ gZi^Z]gghfw lZ]h\hkijhba\^_gb_ jblfZ [_a
gZjmrZy h[s_]h ^\b`_gby aZl_f aZ^Zgby ihkl_i_ggh mkeh`gyxlk
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:gZeh]bqgZy b]jZ ©L_e_]jZffZ^a

A\mqZsb_ `_klu
OE hhhhhhhhhhhhhhhhh
S h h h h
SE hhhhhhh h h
IJL h h h h h h h

Oehidb oe

B]jZ ©AZcpu^a

P_ev JZaebqZlv oZjZdlujhémáwudkhh\ _lkl\mxsb_ _c ^\b`_gby
AZ^ZqZ JZaebqZlv jblf dheu[_evghc b lZgp_\Zevghc fmaudb KZ
dZjlb gdb \ khhl_lkl\bb k fmaudhc b \uihegylv ^\b`_gby
B]jh\hc fZI_jbZe leZgr_l k bah[jZ`_gb_f e_kZ beb ihjeyagdb < p_
dZjfZg \ dhlhjuc fh]ml \klZ\eylvky dZjlb gdb ©AZcpu kiyl^a beb ©
Oh^ b]ju l_^Z]h] ij_^eZ]Z_l ^_lyf ih]meylv gZ iheygd_ ©A^_kv
^_eZxl \u magZ_l_ dh]^Z ihkemrZ_l_ fmaudm^a A\mqbmaudhZ[_e
J_[zghd hij_^_ey_l dZdZy fmaudZ a\mqbl b \klZ\ey_l gZ ieZgr_l
J_[zghd fh`_l bah[jZablv wlh \ k\hbo ^\b`_gbyo

B]jZ ©Ha\mqv ihl_rdm^a

P_ewf_gb_ nbdkbjh\Zlv jblf keh\ aZl_f g_[hevrbo njZa klbrdh\
Oh^ b]ju [zgdjma^eZ]Z_lky ijhkemrZlv ihl_rdm b \u[jZ\ fmaudZevg
rmfh\hc]jmiiu bkihegblv _z \ khijh\h`^_gbb \u[jZggh]h bgkljmf_

Dh]^Z ihl_rdz ha\mq_gZ \k_fb ^_lvfb _z fh]ml ha\mqblv g_k
b]jZy gZ jZaguo b gklDzf^glZ ba ^_l_c fh`_l ijb^mfZlv kZjhcZjdlfbq
ihl_rdb

=hi]hi]meh]hi
K_eb FZr_gvd_ gZ eh[
DjueurdZfb oehi oehi
FZrZ gh`dhc lhi lhi

>h`^bd ^h`^bd iheb\Zc
;m^_l oe_[Z dZjZ\Zc
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;m^ml \dmkgu_ \Zljmrdb

Lbdb lZdb lbdb lZdb
Oh^yl \ gZr_c j_qd_ jZdb